

Planning Committee Meeting & Informal Options Meeting

Summary Notes

September 11, 2002

I. Welcome and Introductions

II. Remembrance

Reverend Donovan Meyers provided the following remembrance of September 11, 2001.

We pause, Lord, in our regular activities - to remember.

We remember a sudden and traumatic event - the likes of which we could never have conceived, nor imagined could have happened to us.

And we remember those who went to work as usual that morning as though nothing would change = and they died, suddenly, tragically because of the evil in some men's hearts. So we mourn for them, Lord.

And we mourn for those who lost a loved one that day - a spouse, a parent, a child, a friend, an associate, a partner. Those persons can never be replaced - but will live on in the memories of those who possess them, those who will continue to mourn and grieve. We pray that You might be with them to comfort and strengthen and uphold as they continue their lives.

We mourn for other losses of that day, too. We mourn for those whose bodies have been injured to the point that they can no longer function as they once had - can no longer perform the tasks they called their job - or their life. And we mourn for those whose spirit has been broken, or who have been damaged psychologically and who find themselves outsiders in this world.

We grieve for those who have lost faith in themselves, in the world, in You. Help them, Lord, to renew that faith once again - so that they might resume their place in your world - that they might be complete and productive once again.

We give thanks for those many deeds of heroism - many of which we shall never know because there are no eye witnesses to tell. But You know - and they know. We offer gratitude for those deeds that are public and we acknowledge and give thanks to those who performed them.

As we remember - and as we meditate- we place ourselves in this new world. Help us to remember and appreciate our freedoms - which some would take away from us. Help us to renew our own faith in You that we don't get caught up in bitterness and recrimination. Give us courage to do what we can do to

maintain our freedoms, including this one - to come and talk to You

Renew in us a dedication to continue the battle. Assist us on the road to becoming better persons - that we might continue to become the kind of people that You would have us become. Give us courage - and strength- and wisdom to carry on in the finest way possible. Grant that the sacrifices and valor of that day might continue in our own lives and activities = to the end that our world might become
a better place to live.

As we remember, we rededicate ourselves and our energies to the world and life in which we find ourselves. We pray that You, our Lord, might bless us and keep us - that You might lift up Your eyes upon us - and keep us in Your grace. Give us Your peace we pray this day.

Amen.

III. Dr. Mark Meiners: Micro-Strategy Action Plan Update for San Diego

Dr. Mark Meiners, National Director, RWJF Medicare/Medicaid Integration Program, revisited three important concepts related to developing and implementing a fully integrated system of long term care:

- It is important to focus on the dual eligible population. This group is very costly and generally has needs/conditions that require and demand improved coordination and integration across the full continuum of services (medical, social and supportive). An integrated and effective long-term care system for dual eligibles can eventually evolve into a system of care for the broader population.
- Unforeseen as well as expect environmental challenges (i.e., economy and budget concerns, BBA, etc.) will impact all stages of planning, development and implementation to some degree. A fully integrated system of care needs to be flexible enough to adapt to the rapidly changing health care environment.
- The continuum of integration:
Managed FFS ————— Medicare ————— Medicare Integration
Coordination

Dr. Meiners also gave a brief overview of each of the three LTCIP Strategy groups and how they represent key activities or strategies that will lead San Diego to progress towards full LTC integration:

- **Network of Care (NOC)** – the NOC is a web-based software program designed for the County to integrate information for community-based social and supportive services. The NOC has the potential and capability of reaching other user groups being a useful single point of entry source for the LTCIP target population. The

workgroup is focusing on how to assess the system's current capabilities as well as identify ways in which it can continuously be improved upon.

- **Socio-Medical Case Management** (Managed fee for service)—this strategy group is looking at ways to improve the current system with enhanced care coordination and case management. The group is working on identifying interested physicians and engaging their support for feedback and input into the model design. The group will also be developing aligned financial incentives as well formalizing and documenting the model approach in the coming months.
- **Health Plans/Pilots** – this workgroup will be analyzing pilots to test integration models in San Diego. It will look at the components of the Lifemark model, consider a Healthy San Diego pilot with elderly and disabled voluntary enrollees, and also decide on the status of the PACE/Wisconsin Partnership model.

Dr. Meiners recommends the next overall action should be to present these ideas as a package to foundations interested in improving acute and long term care for the elderly and disabled populations at large to provide the basis for a replicable demonstration.

Josefina Carbonell, Assistant Secretary for Aging at the U.S. Department of Health and Human Services, joined the informal discussion with Dr. Meiners and expressed her desire to see long term care integration supported at the federal level. She also stated that the Administration on Aging will have demonstration grants available for Area Agencies to implement long term care integration demonstration programs.