

**SAN DIEGO COUNTY
AGING AND INDEPENDENCE SERVICES
SURVEY OF OLDER AMERICANS**

SEPTEMBER 2003



San Diego's Regional Planning Agency

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ABSTRACT

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Survey of Older Americans

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ABSTRACT: Area Agencies on Aging (AAA) across the country are required to determine the extent of need for supportive and nutrition services among the older population and to evaluate the effectiveness of resources in meeting such need. The County of San Diego AAA, now called Aging & Independence Services, requested SANDAG's assistance, through the Local Technical Assistance program, in conducting a survey of a sample of people age 60 and over. The results of the survey, conducted in summer 2003, are presented in this report.

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EXECUTIVE SUMMARY

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The Survey of Older Americans sought to determine the concerns of the San Diego region's older population, as well as the population's familiarity with and use of various service programs. From June through August 2003, the questionnaire was distributed to approximately 5,000 people age 60 and over across the San Diego region. Thirty-four percent (1,720 surveys) were returned.

The survey gathered demographic characteristics, information about respondents' mental and physical health, and information about the degree to which certain issues caused respondents problem. Respondents were asked which of the 28 issues affected them most. In addition, they were asked to indicate the level of difficulty with which they could perform each of 14 activities of daily living and how often they participated in various community programs. Some significant findings are described below.

- The majority of respondents (88%) said their own health, compared to the health of other people their age, was "excellent," "very good," or "good." Only three percent thought their health was relatively poor. Despite these high numbers of people rating their health as relatively good, a full 18 percent of respondents cited their health as somewhat or much worse than one year ago.
- Of the six health-related issues listed, the cost of medication was of greatest concern to respondents. Twenty-two percent of respondents indicated that the cost of medication was a minor problem and 19 percent called it a major problem.
- The social issue that by far presented the greatest problem to older people was loneliness. Twenty percent of respondents cited loneliness a problem.
- Nearly one-half (48%) of respondents were concerned with the cost of utilities, more than any other financial issue.
- The activities most often rated as "unable to do" were heavy housework, using different types of transportation, and preparing meals. Other activities that many residents either could not do or could do only with serious difficulty included walking, shopping for personal items, and doing light housework.
- A similar Survey of Older Americans was conducted in 1997 and 2000. Most of the results were similar across the three years. The most significant decrease was the percentage of respondents that reported the cost of energy/utilities as a major problem in 2003 (16%) compared to 2000 (31%). There were also notable decreases in the percentage of respondents that reported finding legal advice, getting enough food/nutrition, or loneliness as a minor or major problem.

INTRODUCTION

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The County of San Diego Aging & Independence Services (AIS) was established in 1974 as a designated Area Agency on Aging (AAA) by the Older Americans Act. The primary function of AIS is to plan and develop a comprehensive and coordinated service delivery system for older persons and to administer funds for social services for the elderly in this region.

In September 1997, the San Diego County Board of Supervisors created the Health and Human Services Agency, with the Area Agency on Aging as one of its components. In February 1999, the agency's new name, Aging & Independence Services, was formally introduced and now fully reflects the mission and purpose of the agency and the population it serves.

The Older Americans Act requires all AAAs to determine the extent of need for supportive and nutrition services in preparing plans and evaluating the effectiveness of resources in meeting such need. The California Department of Aging has developed guidelines to collect, analyze, and interpret information on the service needs of the elderly. "Need" is defined as a gap or difference between the current situation and the desired or required one.

Also mandated by the Older Americans Act is the development of an Area Plan: a four-year work plan that identifies the above-mentioned gaps and the methods proposed to address them. The survey that is the topic of this report is one tool to help determine what programs need to be put in place to meet the needs of this region's older population.

The questionnaire was distributed between June and August 2003 to approximately 5,000 people age 60 and over across the San Diego region (see the Methodology section of this report for a discussion of the survey design and implementation). Approximately 34 percent (1,720 surveys) were returned, resulting in a typical response rate for this type of survey.

The questionnaire was designed to help determine the areas of greatest concern to the older population, as well as the population's familiarity with and use of various services and programs. As with many surveys, the questionnaire itself was an educational tool, since even the people who do not return a completed form may still read it and find out about services and programs that they may not have known existed. Also, there was a toll-free phone number on the questionnaire to call to obtain information about services.

This report provides the responses to each question and a discussion of the most significant findings. A copy of the questionnaires (English and Spanish versions) can be found in Appendix A. Appendix B provides verbatim comments of respondents regarding issues that are problems, areas of concern that were not addressed on the survey, and additional comments about obtaining information and services. Appendix C contains responses by Supervisorial District.

SUMMARY OF RESULTS

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To examine the needs of the San Diego region's older population, the Survey of Older Americans gathered information about demographic characteristics, respondents' mental and physical health, the degree to which certain issues caused them problems, and their participation in community programs. Respondents were asked to indicate if each of the 28 service, health, social, and financial issues was "not a problem," a "minor problem," or a "major problem" for them. Additionally, they were asked which of the 28 issues affected them most. Respondents were then asked to indicate the level of difficulty with which they could perform each of 14 activities of daily living, from "no difficulty," "minor difficulty," "serious difficulty" to "unable to do." Finally, they were asked how frequently, either "often," "occasionally," or "never," they participated in various community programs.

The demographic characteristics of the respondent population are described and, in some cases, compared to the demographics of the older populations in San Diego and the United States. The average respondent was White, between the ages of 65 and 74, had lived in their community more than 20 years, and was slightly more likely to be male than female. The health characteristics of the population surveyed are shown in Tables 6 through 9. Most respondents considered their physical health to be at least "good," and few suffered from emotional problems more than "a little of the time."

The response rates for the 28 service, health, social, and financial issues listed are presented. The two issues that stood out as most important to older respondents were the cost of medication and the cost of energy/utilities. Both were cited by almost one-half of residents (41% cited cost of medication and 48% cited cost of energy) as a problem. In contrast, the issues that appeared to be of concern to the fewest respondents were drug and/or alcohol abuse or misuse, elder abuse, and racial discrimination. Each of those was stated to be "no problem" by at least 96 percent of respondents.

Response rates for 14 activities that are often difficult for older people are discussed. Fifty-four percent of all respondents reported having at least minor difficulty with one or more of the activities mentioned. Of those who had difficulty with at least one activity, less than one in ten had some degree of difficulty using the telephone (9%) or eating (8%). Eighty percent had difficulty with heavy housework and 54 percent had difficulty walking.

Respondents' participation in community programs is discussed, along with the sources of information accessed by respondents. Respondents participate in athletic activities and volunteer organizations more frequently than any other community programs mentioned in the survey. The Social Security Administration and the American Association of Retired Persons (AARP) were the two organizations respondents utilized most often to obtain information about services.

Also, data are presented by age, gender, marital status, and education. Differences in issues respondents faced and in difficulty they had with activities varied across these demographic characteristics. As respondents' age, gender, marital status, or education changed, so did the issues and activities that presented them with the greatest problem or difficulty.

DEMOGRAPHIC CHARACTERISTICS OF RESPONDENTS

The Survey of Older Americans asked respondents to indicate the length of time they have lived in San Diego, as well as their gender, marital status, age, education, and ethnicity.

More than one-half (52%) of the survey respondents were male, while 48 percent were female. This compares to a regionwide population of age 60 and over that is 43 percent male and 57 percent female. Thirty-six percent of respondents lived alone, and 37 percent received SSI or SSP (not shown).

As Table 1 shows, more than one-half (54%) of survey respondents have lived in their community for more than 20 years. The average number of years in their community was 25.

Table 1
Length of Time in Community
(Question 2)

Years	% of Responses
5 years or less	13%
6 to 10 years	11%
11 to 20 years	22%
More than 20 years	54%
Total = 1,691	

Slightly more than one-half (53%) of all respondents reported being married, while one in four (25%) respondents was widowed and nearly one in five (18%) was separated or divorced (Table 2). Only four percent of all respondents reported never being married.

There were large disparities by gender with respect to marital status. While 73 percent of males reported being married, only 31 percent of females reported the same. Nearly one-half (42%) of female respondents were widowed compared to only 10 percent of their male counterparts. More females than males reported being separated or divorced (23% and 13%, respectively).

Table 2
Marital Status
(Question 13)

	% of Respondents	Male	Female
Married	53%	73%	31%
Widowed	25%	10%	42%
Separated/Divorced	18%	13%	23%
Never married	4%	4%	5%
Total	1,660	864	796

Note: Percents do not equal 100 due to rounding.

Respondents' ages were recorded into four groups: 64 and under, 65 to 74, 75 to 84, and 85 and older. The group of respondents age 65 to 74 was the largest, with 41 percent of respondents falling into that group (Table 3). This is comparable to San Diego's over 60 population, in which 40 percent falls between the ages of 65 and 74. There was no significant difference in the age distribution between the male and female respondents (not shown).

Table 3
Age
(Question 11)

	% of Responses	Distribution of San Diego's Over 60 Population¹
64 and under	20%	22%
65 to 74	41%	40%
75 to 84	35%	30%
85 and older	5%	9%
Total	1,701	404,025

Note: Percents do not equal 100 due to rounding.

Source: SANDAG 2000 Population and Housing Estimates

Overall, survey respondents were more highly educated than the population of the United States. More than 70 percent of respondents reported having attended some college or being a college graduate (36% in each case) as compared to 51 percent in the U.S. population (27% and 24%, respectively) (Table 4). The younger the respondent, the more likely s/he was to have graduated from college (51% for those age 64 and under compared to 20% for those age 85 and older) (not shown).

Table 4
Education
(Question 16)

Highest Grade Completed	% of Responses	% of U.S. Population
0 to 8th	4%	8%
9 to 12th	24%	41%
Some college	36%	27%
College graduate	36%	24%
Total = 1,694		

Source: U.S. Census

The majority of survey respondents were White (86%), while Blacks, Hispanics, and Asians or Others¹ only represented three, six, and five percent of total respondents, respectively (Table 5). Whites make up 73 percent of San Diego’s population over 60, so this group is slightly overrepresented by survey respondents (not shown).

Table 5
Ethnicity
(Question 15)

	% of Responses
White	86%
Black	3%
Hispanic	6%
Asians or Others	5%
Total = 1,697	

¹ The ethnic groups in this report are referred to as Hispanics, Whites, Blacks, and Asians and Others. While many people prefer to identify themselves as African-American rather than Black, Latino rather than Hispanic, or as a member of a particular ethnic group rather than White or Asian, SANDAG uses the terminology consistent with the 2000 Census questionnaire to ensure comparability with historical data.

HEALTH CHARACTERISTICS OF RESPONDENTS

The majority (81%) of survey respondents characterized their current health as about the same or better than their health one year ago (Table 6). However, 18 percent felt that their health was somewhat or much worse than one year ago.

Table 6
Health Compared To One Year Ago
(Question 4)

	% of Responses
Much better	7%
Somewhat better	9%
About the same	65%
Somewhat worse	16%
Much worse	2%
Don't know	<1%
Total = 1,714	

When asked how their health rated compared to other people their age, the majority of respondents (80%) said "excellent," "very good," or "good." Only three percent thought their health was relatively "poor" compared to others (Table 7).

Table 7
Health Compared to Others Your Age
(Question 5)

	% of Responses
Excellent	19%
Very Good	29%
Good	32%
Fair	15%
Poor	3%
Don't Know	2%
Total = 1,716	

Table 8
Frequency of Emotional Problems
 (Question 6)

	% of Responses
All of the time	1%
Most of the time	2%
A good bit of the time	5%
Some of the time	17%
A little of the time	32%
None of the time	42%
Don't know	2%
Total = 1,715	

As Table 8 shows, when asked how often they experienced emotional problems, most respondents said "a little of the time" or "none of the time" (32% and 42%, respectively). Nearly the same percent of respondents reported feeling downhearted and blue "a little of the time" or "none of the time" (32% and 45%, respectively) (Table 9). Similarly, the percentages of people that reported experiencing emotional problems or feeling downhearted and blue "a good bit of the time," "most of the time," or "all of the time" were nearly the same (8% and 6%, respectively) (Tables 8 and 9).

Table 9
Frequency of Feeling Downhearted and Blue
 (Question 10)

	% of Responses
All of the time	<1%
Most of the time	2%
A good bit of the time	4%
Some of the time	14%
A little of the time	32%
None of the time	45%
Don't know	3%
Total = 1,691	

PROBLEMS FACING THE OLDER POPULATION

Services

More seniors encountered problems getting information about services than obtaining the services themselves (Table 10). Thirty-one percent reported facing at least a minor problem (24% minor problem, 7% major problem) getting information about services and benefits. The other two service-related issues that presented problems to the greatest percentage of respondents were getting homemaker services (20% minor problem and 7% major problem) and finding legal advice/counseling (18% minor problem and 7% major problem).

Table 10
Services
(Question 7)

	No Problem/ Doesn't Apply	Minor Problem	Major Problem
Getting information about services/benefits	69%	24%	7%
Getting homemaker services	73%	20%	7%
Finding legal advice/counseling	75%	18%	7%
Finding recreational or social activities that interest you	78%	17%	4%
Transportation	87%	9%	4%
Getting information about volunteer opportunities	88%	10%	1%
Respite	91%	8%	2%
Getting more education	91%	7%	1%
Total = 1,595-1,651			

Health

Of the eight health-related issues mentioned in the survey, the cost of medication was of greatest concern to respondents (Table 11). Twenty-two percent of respondents indicated that the cost of medication was a minor problem and 19 percent considered it a major problem. The second greatest concern was long-term care insurance, considered a minor problem by 14 percent of respondents and a major problem by another 18 percent. Less than ten percent of respondents had a problem getting adequate nursing home care, mental services or counseling, and enough food/nutrition. Only three percent of respondents reported having a problem with drug and/or alcohol abuse or misuse.

Although issues such as drug and/or alcohol abuse or misuse and getting enough food/nutrition were reported as problems or causes of difficulty relatively infrequently, it is important to recognize that they often are significant problems to those who do suffer from them. Furthermore, these problems are often indicative of broader social conditions such as poverty, overcrowding, and lack of access to social services.

Table 11
Health
(Question 7)

	No Problem/ Doesn't Apply	Minor Problem	Major Problem
Cost of medication	59%	22%	19%
Long term care insurance	68%	14%	18%
Getting adequate health care	78%	17%	5%
Accidents in the home (such as falling)	88%	10%	2%
Getting adequate nursing home care	91%	6%	3%
Getting mental health services or counseling	94%	5%	2%
Getting enough food/nutrition	94%	5%	1%
Drug and/or alcohol abuse or misuse	97%	2%	1%
Total = 1,606-1,652			

Social Issues

The social issue that by far presented the greatest problem to the respondents was loneliness (Table 12). One out of every five respondents (20%) cited loneliness as a minor or major problem. About one in nine cited crime, age discrimination, and taking care of an adult as a major or minor problem.

Table 12
Social Issues
(Question 7)

	No Problem/ Doesn't Apply	Minor Problem	Major Problem
Loneliness	80%	17%	3%
Taking care of an adult	88%	8%	4%
Age discrimination	89%	9%	2%
Crime	89%	9%	2%
Isolation	91%	8%	1%
Taking care of a child under 18	95%	4%	1%
Racial discrimination	96%	4%	1%
Elder abuse	97%	2%	<1%
Total = 1,617-1,638			

Financial Issues

Nearly one-half of respondents were concerned with the cost of energy/utilities. Thirty-two percent cited the cost of energy/utilities as a minor problem and another 16 percent considered the issue a major problem. Having enough money to live on was considered by more than one-third (37%) of respondents as a minor or major problem.

Table 13
Financial Issues
(Question 7)

	No Problem/ Doesn't Apply	Minor Problem	Major Problem
Cost of energy/utilities	52%	32%	16%
Having enough money to live on	63%	26%	11%
Housing	80%	13%	7%
Employment opportunities	86%	8%	6%
Total = 1,622-1,660			

Issues Most Affecting Respondents

Respondents were asked to select which of all the service, health, social, and financial concerns listed affect them the most. Table 14 contains the five issues most frequently cited by respondents as affecting them to the greatest extent. The costs of both medication and energy/utilities were the most common responses (15% and 12%, respectively).

Table 14
Issues Most Affecting Respondents
(Question 7A)

	<u>% of Responses</u>
Cost of medication	15%
Cost of energy/utilities	12%
Having enough money to live on	9%
Long term care insurance	7%
Getting homemaker services	5%
Total = 1,873	

When asked to indicate problems or concerns not listed that are important to them, respondents most often repeated issues related to the 28 mentioned. Many respondents also voiced concern that some of the 28 mentioned issues will become a problem in the future. For example, respondents were concerned that they will have transportation problems in the future when they are unable to drive because of failing health, or that they will not be able to afford medication soon because of continued rising costs (see verbatim responses in Appendix B).

Ability to Perform Activities

Respondents were asked to indicate the level of difficulty with which they perform 14 different activities that are often difficult for older people. These activities help determine the degree of assistance needed. These include basic self-care tasks, often called Activities of Daily Living (ADLs), and household chores, known as Instrumental Activities of Daily Living (IADLs).

Table 15 shows only data for respondents who reported having some difficulty with at least one of the activities listed in the survey. Fifty-four percent of respondents reported having difficulty with at least one activity. Data for those respondents who reported that they had no problem with any of the activities are not presented.

The activities most often rated as “unable to do” were heavy housework (13%) and using different types of transportation (6%). Other activities that many respondents either could not do or could do only with serious difficulty included walking, shopping for personal items, and doing light housework (Table 15).

Table 15
Ability to Perform Activities
(Question 8)

	Minor Difficulty	Serious Difficulty	Unable to do
Doing heavy housework	49%	18%	13%
Walking	40%	12%	2%
Doing light housework	27%	5%	3%
Managing money	19%	3%	1%
Ability to use different types of transportation	16%	8%	6%
Preparing meals	15%	3%	3%
Shopping for personal items	15%	3%	2%
Getting in and out of bed	14%	1%	1%
Medication management	13%	2%	1%
Bathing	12%	2%	<1%
Dressing/undressing	11%	1%	<1%
Getting to the bathroom	10%	1%	1%
Using the telephone	7%	2%	<1%
Eating	7%	1%	<1%
Total = 900-920			

PARTICIPATION IN COMMUNITY PROGRAMS

Respondents reported how frequently they participated in various community programs, from “often,” to “occasionally,” to “never.” The community programs cited most commonly as being utilized “often” or “occasionally” included athletic activities, volunteer organizations, or social clubs (35%, 31%, and 31%, respectively) (Table 16). Employment training and home delivered meals were the most infrequently accessed programs.

Table 16
Participation in Community Programs
 (Question 9)

	Often	Occasionally	Never
Athletic activities	20%	15%	65%
Volunteer organizations	17%	14%	69%
Social clubs	13%	18%	70%
Senior center/dining center	9%	11%	80%
Feeling Fit club	8%	7%	85%
RSVP (Retired Senior Volunteer Program)	6%	4%	90%
Intergenerational programs	5%	7%	88%
Caregiver Support	4%	4%	92%
OASIS	3%	6%	91%
Home delivered meals	3%	2%	95%
Employment training	2%	2%	96%
Total = 1,625-1,662			

SOURCES OF INFORMATION

In order to get an idea of older residents' awareness and use of community resources, respondents were asked to indicate which of several services they had used in the past. Respondents called the Social Security Administration for information and services more often than any other information source listed on the survey. AARP was frequently called for information as well. However, the majority (56%) of respondents had never called to inquire about information or services available to them.

Table 17
Information
(Question 3)

	% of Responses
I have never called for information or services	56%
Social Security Administration	22%
Senior Center	---
AARP	17%
Other	6%
Aging and Independence Services	---
Info Line (United Way)	---
Total = 1,720	

AGE, GENDER, MARITAL STATUS, AND EDUCATION

In order to compare the needs of different groups within San Diego's older population, the responses to questions on the survey were cross-tabulated with age, gender, marital status, and education. Respondents' ratings of each of 28 issues as "no problem," a "minor problem," or a "major problem," were collapsed into two categories: "no problem" and "problem." Minor and major problems are presented as one category. Similarly, respondents' ranking of the difficulty of 14 different activities as "no difficulty," "minor difficulty," "serious difficulty," or "unable to do" were collapsed into two groups: "no or minor difficulty" and "serious difficulty or unable to do." The tables with data about activities show the percent of respondents that experienced serious difficulty or were unable to perform the activities.

Age

In some cases, the frequency with which issues were indicated as a problem markedly increased with age. Table 18 presents data for the five issues with the most notable increases in the percent of respondents that reported them to be a problem as age increased. While 10 percent of respondents under age 65 were concerned with transportation issues, 29 percent of those 85 and older indicated that transportation presented them with a problem. Accidents in the home and getting enough food/nutrition were other issues that were more often a problem for respondents in older age categories.

Table 18
Issues That Were a Major or Minor Problem by Age
 (Question 7 and 11)

	64 and under	65-74	75-84	85 and over
Getting homemaker services	23%	24%	31%	32%
Loneliness	17%	19%	20%	38%
Transportation	10%	10%	15%	29%
Accidents in the home (such as falling)	8%	8%	20%	22%
Getting enough food/nutrition	6%	4%	6%	13%
Total	322-326	660-673	532-554	64-77

NOTE: Data are presented for respondents who reported having at least minor difficulty with one or more activities. Data for respondents who reported having no difficulty with any activities are excluded.

Some issues, however, were less important to respondents age 85 and over when compared with responses of those in younger age groups. Interestingly, while 16 percent of respondents under age 65 cited age discrimination as a problem; only 9 percent of those aged 65 to 74, 10 percent of those age 75 to 84, and 9 percent of those age 85 or older had similar complaints. Other issues that ranked as a problem less frequently with the increasing age of the respondents were taking care of an adult, having enough money to live on, cost of energy/utilities, housing, and employment opportunities (not shown).

The five activities presented in Table 19 include those activities with the largest increase in the percent of respondents that reported being unable to do or able to do only with serious difficulty as age increased. Older respondents were less able to do heavy housework, use different types of transportation, walk, and do light housework (Table 19).

Table 19
Activities Respondents Could Not Do or
Could Do Only With Serious Difficulty by Age
 (Questions 8 and 11)

	64 and under	65-74	75-84	85 and over
Doing heavy housework	29%	24%	37%	40%
Ability to use different types of transportation	12%	8%	19%	30%
Walking	12%	10%	16%	26%
Preparing meals	5%	3%	7%	11%
Using the telephone	2%	1%	3%	7%
Total	128-129	337-341	373-381	54-58

NOTE: Data are presented for respondents who reported having at least minor difficulty with one or more activities. Data for respondents who reported having no difficulty with any activities are excluded.

Gender

Male and female respondents had difficulty with similar issues with a few exceptions. For example, more females than males reported having problems with getting homemaker services (34% versus 21%, respectively), transportation (15% versus 10%, respectively), accidents in the home (15% versus 10%, respectively), and having enough money to live on (41% versus 33%, respectively). More males than females found getting more education problematic (10% versus 8%, respectively) (not shown).

When asked about their ability to perform 14 different activities, males and females responded similarly. Females could not do or could do only with serious difficulty both light and heavy housework and using different types of transportation more often than males (Table 20).

Table 20
Activities Respondents Could Not Do or
Could Do Only With Serious Difficulty by Gender
(Questions 8 and 12)

	Male	Female
Doing heavy housework	28%	34%
Ability to use different types of transportation	11%	17%
Doing light housework	7%	9%
Total	393-399	487-493

NOTE: Data are presented for respondents who reported having at least minor difficulty with one or more activities. Data for respondents who reported having no difficulty with any activities are excluded.

Marital Status

Respondents were asked to indicate their marital status. There were few differences between the issues and difficulty with activities that married respondents and unmarried respondents reported. However, there were differences in the two groups' responses to several questions about their emotional state (Table 21). While 10 percent of married people had a problem with loneliness, 31 percent of those who were not married² faced problems with loneliness.

Table 21
Emotional Health by Marital Status
 (Questions 6, 7, 10, and 13)

	Married	Not Married
Loneliness		
Major or minor problem	10%	31%
Isolation		
Major or minor problem	6%	13%
Frequency of emotional problems		
All/most of the time	2%	3%
A good bit/some of the time	19%	25%
A little/none of the time	78%	72%
Frequency of feeling downhearted		
All/most of the time	1%	4%
A good bit/some of the time	16%	22%
A little/none of the time	83%	74%
Total	861-881	733-779

There were some other differences among the respondents according to marital status. Fifty-five percent of divorced respondents and 50 percent of those never married had either a minor or major problem with having enough money to live on, while only 36 percent of widowed respondents and 30 percent of those married reported the same. Married respondents were more likely than others to report taking care of an adult as a minor or major problem (not shown).

² Included in the "not married" category are all respondents who reported being widowed, separated, divorced, or never married. These categories were collapsed because of the similarity in their responses to some survey questions.

Education

Respondents reported the highest educational level they attained according to four groups: “0 to 8th grade,” “9 to 12th grade,” “some college,” and “college graduate.”

Overall, respondents who attended the eighth grade or lower were more likely to experience problems with most of the service, health, social, and financial issues addressed in the survey than were their more educated counterparts. Perhaps surprisingly, respondents who attended some college reported having problems with issues somewhat more frequently than those who had attained a 9th to 12th grade education. In nearly every case, those with a college degree were least likely to report issues as minor or major problems.

While the cost of medication was a problem for many of the respondents, it was most often a problem for those who had completed the eighth grade or lower. Fifty-two percent of those who had completed the 8th grade or lower reported that the cost of medication was a problem compared to 40 percent who completed 9th to 12th grade, 45 percent who completed some college, and 37 percent who received a college degree (Table 21). The percent of respondents who reported getting enough food/nutrition as a minor or major concern was much greater for those in the lowest educational group (17%) compared to the other educational groups (8% of 9th to 12th grade, 6% of some college, and 4% of college graduates).

Table 22
Issues That Were a Major or Minor Problem by Education
 (Questions 7 and 16)

	0 to 8th Grade	9 to 12th Grade	Some College	College Graduate
Cost of medication	52%	40%	45%	37%
Getting information about services	45%	32%	33%	27%
Housing	32%	19%	22%	17%
Getting enough food/nutrition	17%	8%	6%	4%
Having enough money to live on	52%	39%	39%	31%
Total	59-63	370-380	582-592	598-602

Exceptions included crime, age discrimination, employment opportunities, and drug and/or alcohol abuse or misuse which, in fact, the group that completed 8th grade or less was the least likely of the four educational groups to report as minor or major problems (not shown).

More educated respondents were slightly less likely to report having “serious difficulty” or being “unable to do” Activities of Daily Living and Instrumental Activities of Daily Living. The five activities presented in Table 23 include those activities with the largest increase in the percent of respondents that reported being unable to do or able to do only with serious difficulty as education decreased. The largest increases in the percent of respondents that could not do or could do only with serious difficulty by education were doing heavy housework and walking.

Table 23
Activities Respondents Could Not Do or
Could Do Only With Serious Difficulty by Education
 (Questions 8 and 12)

	0 to 8th Grade	9 to 12th Grade	Some College	College Graduate
Doing heavy housework	39%	33%	31%	28%
Walking	23%	12%	15%	12%
Shopping for personal items	9%	6%	4%	3%
Managing money	7%	4%	6%	1%
Using the telephone	7%	3%	2%	1%
Total	57-63	368-380	582-592	594-600

NOTE: Data are presented for respondents who reported having at least minor difficulty with one or more activities. Data for respondents who reported having no difficulty with any activities are excluded.

In comparing the participation of the four educational groups in various community programs, it appears that respondents with more education were more frequently involved with the programs mentioned in the survey. As education increased, so did involvement in social clubs, athletic activities, intergenerational programs, Feeling Fit club, and volunteer organizations (not shown).

Since lower educational attainment frequently results in lower income, the possible differences between the four educational groups may be related to issues that can be a consequence of low income, like having enough money to live on or poor nutrition, rather than education alone. Also, the respondents with lower education tended to be older than respondents with more education, so differences also may be partly due to older age.

COMPARISON OF RESULTS FROM 1997, 2000, AND 2003 SURVEYS

Many of the same questions that were asked in the 1997 and 2000 Survey of Older Americans were asked again in the 2003 survey. Most responses were similar across the years. Some notable differences included decreases in the percentage of people who considered finding legal advice, getting enough food/nutrition, or loneliness to be a major or minor problem (Table 24). The most significant decrease was in the number of people who found the cost of energy to be a major problem (down to 16 percent in 2003 from 31 percent in 2000). This decrease can be attributed to reduction in energy/utility costs as compared to prices during the peak of California's energy crisis.

Table 24
Issues of Concern for Respondents
1997, 2000, and 2003

	<u>No Problem/ Doesn't Apply</u>			<u>Minor Problem</u>			<u>Major Problem</u>		
	<u>1997</u>	<u>2000</u>	<u>2003</u>	<u>1997</u>	<u>2000</u>	<u>2003</u>	<u>1997</u>	<u>2000</u>	<u>2003</u>
SERVICES									
Getting information about services/benefits	61%	62%	69%	30%	31%	24%	9%	7%	7%
Finding legal advice/counseling	68%	71%	75%	23%	20%	18%	9%	9%	7%
Finding recreational or social activities that interest you	76%	75%	78%	19%	21%	17%	5%	4%	4%
Getting homemaker services for household chores	79%	83%	73%	13%	13%	20%	8%	5%	7%
Transportation	76%	83%	87%	16%	12%	9%	8%	6%	4%
Getting more education	90%	90%	91%	7%	8%	7%	3%	2%	1%
Getting information about volunteer opportunities	85%	89%	88%	13%	10%	10%	2%	2%	1%
Respite	n/a	n/a	91%	n/a	n/a	8%	n/a	n/a	2%
HEALTH									
Getting adequate health care	78%	71%	78%	17%	22%	17%	5%	7%	5%
Getting adequate nursing home care	86%	92%	91%	8%	5%	6%	6%	3%	3%
Getting mental health services or counseling	90%	93%	94%	8%	6%	5%	2%	1%	2%
Drug and/or alcohol abuse or misuse	97%	98%	97%	2%	2%	2%	1%	1%	1%
Getting enough food/nutrition	87%	92%	94%	10%	7%	5%	3%	1%	1%
Accidents in the home (such as falling)	n/a	n/a	88%	n/a	n/a	10%	n/a	n/a	2%
Cost of medication	n/a	n/a	59%	n/a	n/a	22%	n/a	n/a	19%
Long term care insurance	n/a	n/a	68%	n/a	n/a	14%	n/a	n/a	18%
SOCIAL ISSUES									
Loneliness	75%	78%	80%	18%	19%	17%	7%	4%	3%
Racial discrimination	93%	94%	96%	5%	4%	4%	2%	1%	1%
Elder abuse	93%	97%	97%	5%	3%	2%	2%	1%	>1%
Crime	74%	89%	89%	15%	9%	9%	11%	2%	2%
Isolation	n/a	n/a	91%	n/a	n/a	8%	n/a	n/a	1%
Age discrimination	81%	90%	89%	14%	8%	9%	5%	1%	2%
Taking care of a child under 18 years of age	n/a	n/a	95%	n/a	n/a	4%	n/a	n/a	1%
Taking care of an adult	n/a	n/a	88%	n/a	n/a	8%	n/a	n/a	4%
FINANCIAL ISSUES									
Having enough money to live on	64%	62%	63%	24%	27%	26%	12%	11%	11%
Cost of energy/utilities	60%	37%	52%	26%	33%	32%	14%	31%	16%
Housing	81%	77%	80%	11%	14%	13%	8%	9%	7%
Employment opportunities	86%	87%	86%	8%	7%	8%	6%	5%	6%

Note: The range of the number of responses for 2003 data was 1,595 to 1,660. Similar data for 1997 and 2000 are unavailable. Some issues were not included in the 1997 or 2000 survey; therefore, those issues are recorded as "n/a."

METHODOLOGY

METHODOLOGY

The County of San Diego Aging and Independence Services (AIS) requested the assistance of the San Diego Association of Governments (SANDAG) in conducting a survey of a random sample of the region's population age 60 and over. SANDAG has assisted local agencies on many surveys of this type through the Local Technical Assistance (LTA) program and, in fact, assisted Aging and Independence Services on similar surveys in 1984, 1988, 1997, and 2001.

This survey was distributed by mail and at senior centers throughout the region. Most of the survey questions were taken from the core questionnaire prepared by the California Department of Aging. Questions four, five, six, and ten were from the "Health Assessment Form" developed by the federal government for the Social Health Maintenance Organizations.

Once the survey questions were determined, SANDAG graphically laid out the form and printed approximately 7,000 copies. County of San Diego staff purchased a mailing list of 4,000 households sampled from all zip codes in San Diego County where people age 60 and older reside. The survey form and postage-paid business reply envelopes were sent to all 4,000 households during June through August 2003. Households not responding to the survey within two weeks were sent a second survey form in an effort to increase the response rate.

In addition, AIS translated the survey form and printed 500 each of the English and Spanish versions. The survey forms and business reply envelopes were handed out at Senior Centers around the region. A total of 1,720 surveys were completed and returned, resulting in a 34 percent response rate.

The completed surveys were then put into computer-readable form, processed, and tabulated. ZIP code information was used to determine the Supervisorial Districts of respondents.

It should be noted that a survey of this kind has several limitations. Generally, the most frail, socially isolated, or persons with mental problems or depression are not willing or able to respond. Similarly, the institutionalized population (in nursing homes and residential care facilities) has not been reached with this survey.

APPENDICES

APPENDIX A



County of San Diego

SURVEY OF OLDER AMERICANS (2003)

We need your help to serve you better...

Answering this survey will help the County and the State plan new or improved programs for seniors. PLEASE COMPLETE THIS SURVEY ONLY IF YOU ARE AGE 60 OR OVER. If you are not age 60 or over but someone else in your household is, please give this survey to them to complete.

Your answers are very important since they will represent both your personal opinions and those of hundreds of others we won't have the opportunity to interview. Everything you tell us will be held in strict confidence—your name and address cannot be associated with your answers.

Please take a few moments now to complete this questionnaire and return it in the enclosed postage-paid return envelope within two weeks. Your answers will be kept confidential. If you have already completed a copy of this questionnaire, please do not complete another one. If you have any questions about this survey, please call us at (858) 495-5279. Thank you for your help.

1. **WHAT IS YOUR HOME ZIP CODE?** _____
2. **HOW LONG HAVE YOU LIVED IN THIS COMMUNITY?** _____ YEARS
3. **WHERE DO YOU USUALLY CALL TO GET INFORMATION ABOUT SERVICES FOR SENIORS OR REFERRALS FOR SERVICE? (CIRCLE ALL THAT APPLY.)**
 1. AARP
 2. Aging & Independence Services
 3. Info Line (United Way)
 4. Senior Center: Which one? _____
 5. Social Security Administration
 6. Other (Please specify) _____
 7. I have never called for information or services
4. **HOW WOULD YOU RATE YOUR HEALTH NOW COMPARED TO ONE YEAR AGO? (CIRCLE YOUR ANSWER.)**
 1. Much better than one year ago
 2. Somewhat better
 3. About the same
 4. Somewhat worse
 5. Much worse
 6. Don't know
5. **COMPARED TO OTHER PEOPLE YOUR AGE, WOULD YOU SAY YOUR HEALTH IS...**
 1. Excellent
 2. Very good
 3. Good
 4. Fair
 5. Poor
 6. Don't know
6. **DURING THE PAST MONTH, HOW OFTEN HAVE YOU BEEN BOTHERED BY EMOTIONAL PROBLEMS SUCH AS FEELING UNHAPPY, ANXIOUS, DEPRESSED, OR IRRITABLE?**
 1. All of the time
 2. Most of the time
 3. A good bit of the time
 4. Some of the time
 5. A little of the time
 6. None of the time
 7. Don't know

7. THIS IS A LIST OF THINGS THAT CAN BE OF CONCERN TO OLDER PEOPLE. PLEASE INDICATE HOW MUCH OF A PROBLEM EACH ONE IS TO YOU PERSONALLY. (CIRCLE THE NUMBER UNDER YOUR RESPONSE.)

No Problem/
Doesn't Apply Minor
Problem Major
Problem

Services:

- Getting information about services/benefits 1.....23
- Finding legal advice/counseling 1.....23
- Finding recreational or social activities that interest you..... 1.....23
- Getting homemaker services for household chores/
handyman..... 1.....23
- Transportation 1.....23
- Getting more education 1.....23
- Getting information about volunteer opportunities 1.....23
- Respite 1.....23

Health:

- Getting adequate health care 1.....23
- Getting adequate nursing home care..... 1.....23
- Getting mental health services or counseling 1.....23
- Drug and/or alcohol abuse or misuse 1.....23
- Getting enough food/nutrition 1.....23
- Accidents in the home (such as falling)..... 1.....23
- Cost of medication..... 1.....23
- Long term care insurance..... 1.....23

Social Issues:

- Loneliness 1.....23
- Racial discrimination 1.....23
- Elder abuse 1.....23
- Crime 1.....23
- Isolation 1.....23
- Age discrimination 1.....23
- Taking care of a child under 18 years of age 1.....23
- Taking care of an adult..... 1.....23

Financial Issues:

- Having enough money to live on 1.....23
- Cost of energy/utilities 1.....23
- Housing 1.....23
- Employment opportunities 1.....23

7A. THE TWO PROBLEMS LISTED IN QUESTION 7 THAT AFFECT ME MOST ARE:

1. _____

2. _____

7B. PLEASE DESCRIBE ANY PROBLEMS OR CONCERNS NOT ON THE ABOVE LIST THAT ARE IMPORTANT TO YOU.

8. THIS IS A LIST OF ACTIVITIES THAT ARE DIFFICULT FOR SOME PEOPLE. PLEASE INDICATE HOW DIFFICULT EACH ONE IS FOR YOU. (CIRCLE THE NUMBER UNDER YOUR RESPONSE.)

	No Difficulty	Minor Difficulty	Serious Difficulty	Unable to Do
• Eating	1	2	3	4
• Bathing	1	2	3	4
• Dressing/undressing	1	2	3	4
• Walking	1	2	3	4
• Getting in and out of bed	1	2	3	4
• Getting to the bathroom	1	2	3	4
• Preparing meals	1	2	3	4
• Shopping for personal items	1	2	3	4
• Medication management.....	1	2	3	4
• Managing money.....	1	2	3	4
• Using the telephone	1	2	3	4
• Doing heavy housework.....	1	2	3	4
• Doing light housework.....	1	2	3	4
• Ability to use different types of transportation ...	1	2	3	4

9. HOW OFTEN TO YOU PARTICIPATE IN EACH OF THE FOLLOWING COMMUNITY PROGRAMS?

	Often	Occasionally	Never
• Senior center/dining center	1	2	3
• Feeling Fit club	1	2	3
• Home delivered meals	1	2	3
• Employment training	1	2	3
• RSVP (Retired Senior Volunteer Program).....	1	2	3
• Caregiver support (respite)	1	2	3
• OASIS	1	2	3
• Volunteer organizations	1	2	3
• Intergenerational programs	1	2	3
• Athletic activities.....	1	2	3
• Social clubs	1	2	3

10. DURING THE PAST MONTH, HOW OFTEN HAVE YOU FELT DOWNHEARTED AND BLUE?

- 1. All of the time
- 2. Most of the time
- 3. A good bit of the time
- 4. Some of the time
- 5. A little of the time
- 6. None of the time
- 7. Don't know

11. WHICH OF THE FOLLOWING GROUPS CONTAINS YOUR AGE?

- 1. 64 and under
- 2. 65-74
- 3. 75-84
- 4. 85 or over

12. ARE YOU: 1. MALE 2. FEMALE

13. ARE YOU:

- 1. Married
- 2. Widowed
- 3. Separated
- 4. Divorced
- 5. Never married
- 6. Other (Please describe) _____

14. DO YOU RECEIVE SSI/SSP? 1. YES 2. NO

15. PLEASE CIRCLE YOUR ETHNIC GROUP (CIRCLE ONLY ONE)

- 1. White
- 2. Black, African American, Negro
- 3. Mexican, Mexican American, Chicano
- 4. Puerto Rican
- 5. Cuban
- 6. Other Spanish/Hispanic/Latino
- 7. Asian Indian
- 8. Chinese
- 9. Filipino
- 10. Japanese
- 11. Korean
- 12. Vietnamese
- 13. Other Asian
- 14. Native Hawaiian
- 15. Guamanian/Chamorro
- 16. Samoan
- 17. Other Pacific Islander
- 18. American Indian/Alaska Native
- 19. Some other race (Please specify) _____

16. PLEASE CIRCLE THE HIGHEST GRADE LEVEL YOU COMPLETED.

- 1. 0 to 8th grade
- 2. 9 to 12th grade
- 3. Some college
- 4. College graduate

17. DO YOU LIVE ALONE? 1. YES 2. NO

18. DO YOU HAVE ANY ADDITIONAL COMMENTS ABOUT OBTAINING INFORMATION OR SERVICES?

THANK YOU FOR HELPING US BY COMPLETING THIS SURVEY. PLEASE RETURN IT WITHIN TWO WEEKS IN THE ENCLOSED POSTAGE-PAID RETURN ENVELOPE.

IF YOU WOULD LIKE INFORMATION ABOUT WHERE TO GET SERVICES, PLEASE CALL (800) 510-2020.



County of San Diego

ENCUESTA PARA PERSONAS MAYORES (2003)

Necesitamos su ayuda para servirle mejor...

Al contestar a esta encuesta usted ayudará al Condado y al Estado a mejorar los programas para personas mayores. **POR FAVOR, LLENE ESTA ENCUESTA SOLAMENTE SI USTED ES MAYOR DE 60 AÑOS.** Si hay alguna persona en su casa que es mayor de 60 años, favor dársela para que la llene.

Sus respuestas son muy importantes ya que representan su opinion personal y la de cientos de personas que no han tenido la oportunidad de ser entrevistadas.

Le pedimos tomar unos minutos de su tiempo y contestar este cuestionario y devolverlo en el sobre sellado que se adjunta, dentro de dos semanas. Sus respuestas son confidenciales y así serán archivadas. Si usted ya llenó este formulario, no lo repita. Si tiene alguna duda o necesita mayor información, por favor llame al teléfono (858) 505-6483.

1. ¿CUÁL ES SU CÓDIGO POSTAL (ZIP CODE)? _____
2. ¿POR CUÁNTO TIEMPO VIVE EN ESTA COMUNIDAD? _____ AÑOS
3. GENERALMENTE, ¿A DÓNDE LLAMA USTED PARA OBTENER INFORMACIÓN ACERCA DE SERVICIOS PARA PERSONAS MAYORES? (MARQUE UN CÍRCULO EN LAS RESPUESTAS QUE ESCOGIÓ.)
 1. AARP
 2. Aging & Independence Services
 3. InfoLine (United Way)
 4. Centro para personas mayores. ¿Cuál? _____
 5. Social Security Administration
 6. Otro (díganos) _____
 7. Nunca he llamado pidiendo información
4. ¿CÓMO VALORA SU SALUD DE AHORA, COMPARADA CON LA DE HACE UN AÑO? (MARQUE UN CÍRCULO EN LA RESPUESTA.)
 1. Mucho mejor que hace un año
 2. Algo mejor
 3. Casi igual
 4. Algo peor
 5. Mucho peor
 6. No lo sé
5. COMPARÁNDOSE CON OTRA PERSONA DE SU EDAD, PODRÍA DECIR QUE SU SALUD ES:
 1. Excelente
 2. Muy buena
 3. Buena
 4. Regular
 5. Pobre
 6. No lo sé
6. DURANTE EL MES PASADO, ¿CON QUÉ FRECUENCIA HA TENIDO PROBLEMAS EMOCIONALES COMO SENTIRSE TRISTE, ANSIOSO, DEPRESIVO O IRRITABLE?
 1. Todo el tiempo
 2. Casi todo el tiempo
 3. Buena parte del tiempo
 4. Parte del tiempo
 5. Poco tiempo
 6. En ningún momento
 7. No sé

7. ESTA ES UNA LISTA DE COSAS QUE PUEDEN PREOCUPAR A LAS PERSONAS MAYORES. POR FAVOR INDIQUE CUÁN PROBLEMÁTICA ES CADA UNA PARA USTED PERSONALMENTE. (MARQUEUN CIRCULO EN SU RESPUESTA.)

	No Problema o No sé	Problema Menor	Problema Mayor
<u>Servicios:</u>			
▪ Conseguir información acerca de servicios/beneficios	1	2	3
▪ Encontrar ayuda o consejos legales.....	1	2	3
▪ Encontrar actividades sociales o de recreación	1	2	3
▪ Conseguir servicios de ayuda en la casa	1	2	3
▪ Transportación.....	1	2	3
▪ Conseguir más educación	1	2	3
▪ Conseguir información para oportunidades de voluntariado	1	2	3
▪ Apoyo para quienes dan asistencia.....	1	2	3
<u>Salud</u>			
▪ Conseguir servicios de salud/médicos adecuados	1	2	3
▪ Conseguir un buen cuidado en casas de convalecencia	1	2	3
▪ Conseguir ayuda y consejo para bienestar mental.....	1	2	3
▪ Abuso (o mal uso) de drogas y alcohol	1	2	3
▪ Conseguir suficiente comida/nutrición	1	2	3
▪ Accidentes en la casa (como caerse).....	1	2	3
▪ El precio de medicamento	1	2	3
▪ Seguros de salud para cuidado a largo plazo	1	2	3
<u>Aspectos sociales</u>			
▪ Soledad	1	2	3
▪ Discriminación racial.....	1	2	3
▪ Abuso a personas mayores.....	1	2	3
▪ Crimen	1	2	3
▪ Aislamiento.....	1	2	3
▪ Discriminación por la edad	1	2	3
▪ Cuidar a niños/jóvenes de menos de 18 años.....	1	2	3
▪ Cuidar a un adulto	1	2	3
<u>Aspectos financieros</u>			
▪ Tener suficiente dinero para vivir.....	1	2	3
▪ Costo de energía/teléfono/agua	1	2	3
▪ Vivienda.....	1	2	3
▪ Oportunidades de empleo	1	2	3

7A. LOS DOS PROBLEMAS DE ESTA PREGUNTA #7 QUE MÁS ME AFECTAN SON:

1. _____
2. _____

7B. POR FAVOR, DESCRIBA OTROS PROBLEMAS O PREOCUPACIONES QUE SON IMPORTANTES PARA UD. Y QUE NO ESTÉN INCLUIDOS EN LA LISTA ANTERIOR.

8. ESTA ES UNA LISTA DE ACTIVIDADES QUE SON DIFÍCILES PARA ALGUNAS PERSONAS. POR FAVOR INDIQUE CUÁN DIFÍCIL ES PARA USTED CADA UNA DE ELLAS (MARQUE UN CÍRCULO EN SU RESPUESTA)

	No Problema	Dificultad Menor	Dificultad Mayor	Incapaz de hacerlo
▪ Comer.....	1.....	2.....	3.....	4.....
▪ Bañarse.....	1.....	2.....	3.....	4.....
▪ Vestirse/desvestirse.....	1.....	2.....	3.....	4.....
▪ Acostarse o levantarse de la cama.....	1.....	2.....	3.....	4.....
▪ Ir al baño.....	1.....	2.....	3.....	4.....
▪ Preparar las comidas.....	1.....	2.....	3.....	4.....
▪ Ir de compras para cosas de uso personal.....	1.....	2.....	3.....	4.....
▪ Manejar las medicinas.....	1.....	2.....	3.....	4.....
▪ Manejar el dinero.....	1.....	2.....	3.....	4.....
▪ Usar el teléfono.....	1.....	2.....	3.....	4.....
▪ Hacer trabajos pesados en la casa.....	1.....	2.....	3.....	4.....
▪ Hacer tranajos ligeros en la casa.....	1.....	2.....	3.....	4.....
▪ Habilidad para usar diferentes medios de transporte.....	1.....	2.....	3.....	4.....

9. ¿CUAN A MENUDO PARTICIPA USTED EN LOS SIGUIENTES PROGRAMAS?

	Frecuentemente	De Vez En Cuando	Nunca
▪ El centro de ancianos/centro de comidas.....	1.....	2.....	3.....
▪ El Feeling Fit club de gimnasia.....	1.....	2.....	3.....
▪ Comidas entregadas a casa.....	1.....	2.....	3.....
▪ Entrenamiento para trabajos.....	1.....	2.....	3.....
▪ RSVP (Retired Senior Volunteer Program).....	1.....	2.....	3.....
▪ Apoyo para quienes dan asistencia.....	1.....	2.....	3.....
▪ OASIS.....	1.....	2.....	3.....
▪ Organizaciones de voluntarios.....	1.....	2.....	3.....
▪ Programas entre generaciones.....	1.....	2.....	3.....
▪ Actividades atleticas.....	1.....	2.....	3.....
▪ Organizaciones sociales.....	1.....	2.....	3.....

APPENDIX B

2003 OLDER AMERICANS SURVEY VERBATIMS

QUESTION 7 A

- 1 I'm in good health & self employed
- 1 Fortunately I am in a life position/condition/dimension of total happiness and abundance. I travel all over the world-have financial independence and vibrant health, I am thankful.
- 1 Thank God my health is not that good, but I am doing okay for my age of 77-much slower with a few aches.
- 1 I am well taken care of – both emotional and physical
- 1 At this stage in life there are few real problems-just the usual aches and pains as per this age.
- 1 Not at this time
- 1 Sorry some of these questions I don't understand, but I am fine I take care of myself. Thank God I still drive wherever I wish to go, thank you.
- 10 Recreational services (can not afford to play golf in this county.)
- 10 Services
- 11 Information
- 11 2 #3's
- 11 Getting information about services/benefits.
- 11 Information when trying to call too many numbers to press for this, that & the other.
- 11 Getting info about health & services & benefits
- 11 Getting information about benefits
- 11 Getting info about services
- 11 Getting service attention
- 11 Getting information about services/benefits
- 11 Getting information about services
- 11 Getting information about services & benefits
- 11 Getting information about services/benefits
- 11 Getting assistance with homemaker services & respite. My mother who is a 24 hr caregiver of a Parkinson's patient.
- 11 Getting info I need it
- 11 Getting information about services & benefits
- 11 Getting information about service benefit for seniors.
- 11 Getting info about services/benefits
- 11 Getting info about service/benefits
- 11 Would use a web post directory or printed directory for all services in many areas of Oceanside.
- 11 Reaching So. Security office-a live person to answer my questions
- 11 Not enough info on services is promoted/advertised so that seniors are aware of what is available.
- 11 Getting information-hate the canned info, want to talk to a real person.
- 11 Getting information
- 11 Getting information
- 11 Info
- 11 Getting information about benefits
- 11 I need free eye care
- 12 Legal advice
- 12 2 #3's

- 12 Finding good legal and investment counseling.
- 12 Legal advice
- 12 Finding affordable legal advice
- 12 Finding legal advice/counseling
- 12 Finding legal advice
- 12 Legal advice
- 12 Finding legal advice/counseling
- 12 Finding legal help
- 12 Finding legal advice/counseling
- 12 Legal advice/counseling
- 12 Legal advice
- 12 Finding legal advice
- 12 Legal advice
- 12 Legal advice
- 12 Finding affordable legal help
- 12 Might be difficult to find legal assistance if I were to need it, only because I am not familiar with what is available.
- 12 Finding legal advice & counseling
- 12 Legal advice in real tie on rare occasions needed
- 12 Legal assistance/questions/referrals such as for finding living trusts.
- 12 Finding legal advice
- 12 Legal services
- 12 Finding legal advice
- 12 Finding legal advice
- 12 Legal information
- 12 Legal information
- 12 Legal advice/counseling
- 12 Finding legal advice
- 12 Legal questions & concern from legal field-money
- 12 Finding legal help
- 13 Recreational facilities
- 13 Finding interesting activities with people my age.
- 13 Finding recreational/social activities that interest me.
- 13 Would like to see more recreational or social activities for seniors.
- 13 Finding rec. or social activities that interest me
- 13 Finding recreational or social activities that interest me.
- 13 Finding recreational/social activities that interest me.
- 13 Social and recreational activities for single people my age.
- 13 Finding social activities that interest me
- 13 Social
- 13 Finding recreational or social activities that interest me.
- 13 Finding social activities
- 13 Would use a senior mental health discussion group on a weekly basis in an anonymous location.
- 13 Finding recreational or social activities
- 13 Would like info re: senior social activities
- 13 Lack of exercise programs
- 13 Finding recreational activities
- 13 Finding recreational or social activities
- 13 Recreational & social activities

- 14 Home maker services
- 14 Getting handyman
- 14 Household shores
- 14 House cleaning
- 14 Getting handyman/gardener type help
- 14 Handyman for minor maintenance.
- 14 Occasionally though of 'services" like home repairs for old folks to keep my home and yard.
- 14 Finding competent help
- 14 Not finding an honest handyman
- 14 Handyman
- 14 Getting home maker services
- 14 Getting home chores/handy man just can't seem to "square away the house"
- 14 Getting honest reliable repairs on the home since husband always did this before.
- 14 Household chores, handyman
- 14 Problems with plumbing & things needing repair from time to time. My husband used to fix everything myself
- 14 Finding a handyman to install bathroom safety rails and to do minor yard clean-ups. I now have my rails up and a tidy yard so that months long problem is solved.
- 14 Getting handyman for household chores
- 14 Finding a qualified handyman
- 14 Getting competent reasonably priced handyman to do work I can no longer do.
- 14 Handyman
- 14 Getting homemaker services for household chores/handyman.
- 14 Handyman or repairs
- 14 Can't find high school students for part time jobs. They come, work for \$6.00 hr and don't want to do work that I do with them- ie painting. Same problem with minor household repairs, professionals are not interested in small construction or repair projects.
- 14 Getting homemaker services for household chores/handyman
- 14 I would like someone to help around the house at least once a month.
- 14 Trustworthy and reasonable handyman services
- 14 Getting homemaker services & future long term care.
- 14 Adequate help in a handyman
- 14 Finding handyman
- 14 Household handyman
- 14 Handyman assistance
- 14 Getting people to work for me that can be trusted & can do the work.
- 14 Finding a good handyman
- 14 Services-handyman
- 14 Handyman services & husband recovering from a stroke.
- 14 Finding a reliable handyman
- 14 House cleaning services
- 14 Yard maintenance
- 14 Getting dependable handyman
- 14 Someone to help with care of yard
- 14 Getting affordable house & yard help
- 14 Adequate help
- 14 Getting a handyman
- 14 Handyman help
- 14 Handyman services

14 Finding the services of a good handyman. I have never researched what the costs are.
14 Getting homemaker services for household chores/handyman and paying for it.
14 Handyman
14 Homemaker/handyman services
14 Trying to find reliable, good handyman who will not "rip" me off but do good work for reasonable pay.
14 Getting adequate handyman for minor household chores.
14 Finding a handyman or yard worker at a reasonable price
14 Homemaker services for house chores
14 Heavy housework/yard work.
14 Handyman
14 Homes services-honest and reasonable handymen and gardener.
14 Trying to find a good handyman for repairs is very hard.
14 Finding a reliable handyman
14 House cleaning services/yard maintenance
14 Getting services for household chores
14 Need handyman for help in my home
14 Homemaker services
14 Handyman
14 Handyman costs
14 Getting help for household and yard
14 House servant
14 Handyman
14 Keeping up maint. Home, auto & self maintenance
14 Finding a good handyman
14 Services: handyman
14 Household chores
15 And medical centers, hospitals etc. are often poorly served by public transportation.
15 Transportation information
15 Transportation
15 Transportation
15 If I am unable to drive in the future the transportation will be a major problem.
15 Transportation
15 Transportation
15 May need transportation if I can't drive passed my test this year
15 Transportation
15 Transportation
15 Transportation-many malls & shopping centers are not convenient to public transportation
15 Transportation
15 Transportation as traffic increases I want to drive less & take more public trans.
15 Getting to appointments and errands without a car or able to drive.
15 Not driving
15 Transportation: As long as a cousin and I each have our cars we shall have no problem.
However, in the future transportation may be a major problem to us. I am partially disabled and can walk only about ¼ block before having to sit and rest due to arthritis which effects muscles ligaments and tendons. Public transportation is about 6 blocks away and up a steep hill.
15 Transportation-vision problems make the use of public transportation more important.
15 I have never driven a car. Most of the time I can get a ride or afford a cab.
15 Transportation

- 15 Transportation
- 15 Transportation
- 15 Possible transportation if my husbands health gets worse he is insulin diabetic-poor leg circulation-walking is difficult for him. He still can drive-but someday may not be able to take me to Dr. appt., grocery shopping, etc dental appointment, post office.
- 15 Transportation
- 15 Transportation will be a problem- a major one when I can no longer drive.
- 15 Transportation
- 15 Transportation-bus service is an absolute disgrace in Mission Valley. Poor service old buses.
- 15 Transportation when can no longer drive.
- 15 Soon will not be able to drive my car due to diabetic neuropathy-will be unable due own errands, social etc.-no public transit that is easily available.
- 15 Transportation
- 15 Transportation
- 15 Transportation
- 15 In the long term my concern is a) because I do not have any children and if I outlive my husband
- 15 Transportation become critical when one can no longer drive. Our public transportation system is dismal.
- 15 Transportation
- 15 Transportation
- 15 Transportation-have good driving license, however have no vehicle.
- 15 Transportation
- 16 Getting more education
- 17 Volunteer opportunities
- 17 Volunteer opportunities
- 17 Hearing about ways in which I might volunteer.
- 17 Info on volunteer needs
- 17 Volunteer info
- 17 Volunteer services
- 18 Respite
- 20 I have always worked (with the exception of the 21/2 years of my husband's illness& death etc. Also worked several months afterward-then have not had to ask for help until the past few months usually someone knew where I should call.
- 20 Health
- 20 Health
- 20 Husband age 82, declining rapidly, recently diagnosed with high blood pressure possible blockage of artery. Wife finally found medication that relived a 2 ½ year depression. Fibromialgia has flared up again since the beginning of the year.
- 20 Health
- 20 Bad knee-need a physical
- 20 I'm unique-75 years old, I'm gay, life partner dead \$3500 month income, hire maintenance man to care for 3 acres & pool. I have sever polynuroapathy in skin butt to feet lots of pain and pills don't touch it.
- 20 Health

20 Poor sleep-if I take too much of what Dr. prescribe I am drowsy in a.m., if I don't I sleep very little. When I do get a good night sleep I feel incredibly better.

20 I had my uterus removed and just finished taking chemotherapy. I lost most of my hair but it will grow back, I take care of my house, I do have a man take care of my yard.

20 I can't walk /lupus, epilepsy, heart trouble

20 Deterioration of my health

20 Financial issues

20 Health

20 Walking, hearing

20 Long wait for doctors appointments

20 Health

20 Health

20 Taking care of my health

20 Health

20 Health-nutrition

21 Future health care

21 Health care costs

21 Health care

21 Getting adequate health care

21 Employer now requiring retirees to pay part of medical insurance.

21 Getting adequate health care.

21 Getting adequate health care, even though I belong to an HMO (Kaiser) their costs are high I can't afford it after paying Kaiser and buying the little medicine I need I run short of money their costs go up each year but my money doesn't increase.

21 Getting adequate health care

21 Health care aide

21 Getting adequate health care

21 Health care expenses keep going up

21 Cost of health insurance

21 Getting adequate health care

21 Getting adequate health care

21 Getting adequate health care

21 Getting adequate healthcare

21 Retired after 30 years-USMC-still must pay for health and dental. Amazing after 30 years USMC illegal get better Health & Dental than I do.

21 Getting adequate health care

21 Getting adequate health care

21 Getting adequate health care.

21 Health care is adequate, but a convoluted process

21 Getting adequate health care

21 Healthcare

21 The long wait for approval of minor surgery

21 Getting adequate health care & the long waits for doctor appointments-sometimes MONTHS!

21 Medical care

21 Will I be able to afford good health care?

21 Getting adequate healthcare

21 Getting adequate health care

21 His medical expenses are too high

21 Adequate healthcare-I am disabled from an accident & workers comp ins is denying care

21 Getting adequate health care-insurance cost-home & health insurance

21 Getting the kind of health care I need-the kind that treats with diet and other alternative methods like acupuncture, herb therapy chiropractic etc. that insurance would at least help if not cover.

21 Getting adequate health care.

21 Getting qualified medical care

21 Cost of health care

21 Cost of premiums and co pays, medication from health insurance.

21 Not being able to afford medical insurance

21 Health care

21 Changed health care provider because of high fees charged by HMO's were under Kaiser Advantage

21 Getting adequate health care

21 Rising cost of health care

21 Health care/long term insurance

21 Adequate health care

21 Health insurance

21 Getting adequate health care

21 Adequate insurance-cost of it

21 Getting adequate health care

21 Getting adequate health care for hospital & dr. services

21 Getting adequate health care

21 Getting adequate health care

21 Adequate health care

21 Getting adequate health care

21 Slow medical questions response

21 Medical costs

21 Healthcare

21 Obtaining affordable health insurance for self-insured family

22 Getting adequate health care

22 Adequate nursing homes, wouldn't it be more comfortable and cost effective to provide more nurses for "in-home-care"?

22 Nursing care in future.

22 High costs of nursing homes

22 Getting adequate care in nursing home for my mother.

22 Getting good nursing home care & affordable when & if needed

22 Getting mental & nursing home service

23 Depression & anxiety

23 Mental health issues

23 Mental health

24 Drinking significant other non-compliant with doctors recommendations

24 Alcohol abuse or misuse

24 Alcohol abuse

25 I go to the Salvation Army nutrition center just about every day; they do not have an exercise program which I would like.

25 Getting enough nutrition

25 Food nutrition

26 Accidents in the home.

26 Possibility of an accident

26 Falling frequently

26 Accidents in the home
26 Falling
26 I'm crippled from brain surgery, have a leg brace and fall easily.
26 Accidents in the home
26 Accidents in the house
26 Accidents in the home and no one around to help.
26 Accidents
26 Accidents
26 Accidents in the home
26 Accidents in the home
26 Accidents in the home such as falling
26 Accidents in home
26 Falling in my apartment
26 Falling
26 Falling
26 Accidents in the home such as falling
26 Accidents in the home
26 Falling at home
26 Accidents in the home
26 Concern of falling
26 I fell this morning & tweaked my back but I'll be ok soon.
27 Cost of medications
27 Cost of medication
27 Cost of medication
27 Cost of medication
27 Health medications cost
27 Medicine costs
27 Cost of medication
27 Cost of medication when I retire and cost of health insurance and health care.
27 Although medication is well covered by my insurance, however insurance costs has risen 3 times in three years.
27 Healthcare plans and prescribed medicine keep getting more-much more expensive.
27 Cost of medications and medical care
27 Cost of medication
27 Cost of medication
27 Cost of medication and medical health insurance
27 Prescription medications
27 Cost of medications
27 Cost of medication
27 Cost of medication
27 The high cost of medication
27 Cost of medicines
27 Cost of medication
27 Cost of medication
27 Cost of prescription drugs
27 Cost of medication
27 Cost of medication
27 Having enough money to live on
27 Cost of meds
27 Cost of medication

27 Cost of meds
27 Meds cost
27 Cost of medications
27 Cost of medication for wife
27 Cost of medication
27 Cost of medication
27 Cost of medication
27 Cost of medications
27 Cost of medication
27 Cost of medication
27 Cost of medication
27 Cost of my medications-I have osteoporosis
27 Cost of medication
27 cost of medical service and prescriptions
27 Cost of medication
27 The medicine I need for cholesterol is not generic & not covered by my HMO (Blue Cross Senior) and very expensive.
27 Cost of medication (Diabetic drugs)
27 Cost of medication
27 Cost of medication
27 Cost of medication
27 Cost of drugs
27 Prescription prices
27 High cost of prescriptions
27 Cost of medication
27 Rising cost of medication congress & president give lip service-right now it is not a problem for us, but certainly some day it could.
27 Prescription/Rx cost
27 Prescriptions-our HMO will pay only for generics
27 Cost of medication
27 High cost of medical, dental care and prescriptions
27 Cost of medication for myself & spouse.
27 Cost of medication, I'm allergic to almost all generics
27 Cost of medications
27 Cost of medication
27 Cost of medication
27 Cost of medication
27 Health care costs for medicine
27 Cost of medication-keeps getting higher future costs are a worry.
27 Cost of medication
27 Cost o medication
27 Cost of medication
27 Medication costs seem to escalate yearly.
27 Cost of medication
27 High cost of medication-constantly rising
27 Cost of medication

27 Cost of medications
27 Cost of medication
27 Cost of medication
27 Cost of medication
27 Cost of medication
27 Cost of medications
27 The high cost of medication is aggravating but so far no problems.
27 The cost of my medications
27 Cost of medicine
27 Cost of medication
27 Cost of medications
27 Cost of medication
27 Medicines are high
27 Cost of medication
27 Cost of medication
27 Cost of medications
27 Cost of arthritis medication
27 Medication is very expensive, my husband has CHF and uses about a doz. Meds, I also use a few.
27 Cost of medications
27 Cost of Rx much too high for seniors esp. On a fixed income.
27 Cost of medications
27 Cost of medication
27 Cost of medications
27 All medical issues
27 The cost of medications
27 Cost of medication
27 Cost of medications
27 Cost of medications
27 Pharmacy (prescription prices)
27 Cost of meds
27 Cost of medication
27 Cost of medication
27 Cost of medication is going up but at this moment able to handle it.
27 Cost of medication (Health ins. Costs)
27 Cost of medication
27 Cost of medication
27 Cost of prescription drugs if I would need them
27 Enough money to cover chemotherapy
27 The cost of medications-Kaiser Permanente-employee pays \$100-I pay \$150-\$20 office visit \$10 each prescription
27 Cost of medication
27 Cost of medication
27 Cost of health services
27 Cost of drug medication for seniors is really getting out of hand
27 Cost of medication
27 Cost of Cozan and Zocor for high blood pressure and high cholesterol
27 Cost of medication
27 Medication
27 Cost of medication

27 Cost of medications
27 Cost of medication
27 Cost of medication
27 High cost of medicine
27 Cost of medication
27 Cost of medication
27 Cost of medication
27 Cost of medication with the HMO cutback & since I have had a cornea transplant that has been costly.
27 Cost of medication
27 I'm doing okay now with Kaiser med., has gone up
27 Cost of medication
27 Cost of medication
27 Cost of medication
27 Buying medication not covered by Secure Horizons
27 High cost of medication
27 Cost of medication
27 Cost of medication
27 Cost of medicine
27 Cost of medication-I'm taking Paxil at present for my depression.
27 Cost of medication
27 Cost of medications
27 Cost of medication, I believe the drug industry is gauging the public
27 Cost of medications
27 Rising cost of medications
27 Cost of medication
27 Health-cost of medications
27 Cost of medication
27 Cost of medication
27 Cost of medication
27 Cost of medication
27 Cost of medications
27 Cost of medication
27 Cost of medication-had to quit some because I couldn't afford them.
27 Cost of medication
27 Cost of medication, have to go without some of them
27 Cost of medication
27 Cost of medication
27 Cost of medication
27 I take 11 prescriptions 2 insulin \$500/mo cost income \$1000+ a month
27 Cost of medication
27 High medication costs
27 Cost of medication
27 Cost of medication
27 Cost of medication
27 Cost of medication and healthcare as well as Hospital costs, dental, eyecare.
27 Cost of medication
27 Medication
27 Cost of medications are prohibitive. It costs me over \$1500.00 a month
27 Cost of medication

- 27 Cost of meds & medical care Kaiser dues \$60/month meds \$10-\$30 co-pay \$20 in hospital \$500 ER \$50, last year over cap by July 2002 -
- 27 Cost of medication
- 27 High cost of medication prescription drugs dental care.
- 27 Cost of medication
- 27 Medication cost
- 27 Cost of medication
- 27 Medication costs
- 27 Cost of medication
- 27 Cost of medication even with insurance – I find the cost overpowering.
- 27 Cost of medication
- 27 Pre-existing physical problems- cost of must take medications not generic & Kaiser prices \$60 mo. Dues & doubled doctor office visits-cardiac; diabetic; liver (PBC) thyroid; arthritis; etc over medical cap July 2002 had to pay retail – stopped taking some important meds.
- 27 Cost of health care/medicine
- 27 Cost of prescription medications
- 27 Cost of medication
- 27 Cost of medicines
- 27 Cost of medication
- 27 My medical program routinely prescribe expensive medications when there are generics available.
- 27 Cost of medication
- 27 Medication
- 27 Cost of medication
- 27 Cost of medication
- 27 Cost of medication
- 27 Medication
- 27 Cost of medication
- 28 Long term care insurance
- 28 Long term insurance
- 28 Cost of long term health insurance
- 28 The cost of long term care insurance
- 28 Long tern care insurance

28 Long term care insurance costs.
28 I am permanently disabled-long term care insurance is not affordable even if I could qualify for it.
28 Possibility of long term care.
28 Long term care insurance
28 Cost of health insurance
28 Long term care insurance-expensive out of reach
28 Long term care insurance
28 Cost of long term care
28 Long term care insurance
28 Long term care insurance
28 Long term care insurance.
28 Cost of long term care insurance
28 Long term care, at my age can't afford it (the insurance)
28 Long term care insurance
28 Possible long term care problem
28 Long term care insurance-I was turned down
28 Long term care insurance
28 Long term care insurance
28 Not being able to afford long term insurance.
28 Long term care insurance
28 Long term care insurance
28 Long term care insurance very expensive!
28 Long term care insurance is unaffordable
28 Long term care insurance
28 Long term care insurance
28 Long care insurance-expensive
28 Insurance cost
28 The cost of long term care insurance
28 Long term care insurance
28 Affording long term care insurance
28 Health insurance
28 I'm 63 & health insurance to over \$300 a month-so, so expensive. Looked for long term care insurance fund I couldn't afford it.
28 Long term insurance
28 Health-health care insurance costs.
28 Takes so long to get approval for long term health insurance.
28 Long term care /insurance costs
28 Long term care insurance
28 Can not decide about long term care insurance.
28 Long term care insurance very expensive!
28 Long term care
28 Cost of long term care insurance
28 Possibility of needing long term care.
28 Long term care insurance costs are too high. Would be major problem I or my wife needed it.
28 Can't afford long term care insurance
28 Cost of health care
28 Long term care not open to adult spouse on disability
28 Expense of long term health insurance

28 Getting long term care in my old age
28 Getting LTC insurance
28 Cost of long term care insurance
28 Long term care insurance
28 Expense of long term health insurance
28 I have no long term care insurance.
28 No long term insurance
28 Cost of long term care
28 Long term care insurance for my wife & myself
28 Long term care insurance
28 Health insurance
28 Paying more for my health insurance to cover my chemo
28 Long term insurance
28 Long term care
28 Long term care insurance
28 Long term care insurance
28 Have long term insurance, but I don't think it's good enough
28 Long term care insurance is expensive for fixed-income people
28 Dental 100% increase
28 Cost of health care
28 Cost of long term health care
28 Long term care insurance
28 Long term care insurance costs too high
28 Cost of long term care insurance
28 Cost of long term care insurance
28 Can't afford to buy long term care insurance
28 Affordable health care between age 62 to 65
28 Whether or not to buy LTCI
28 High cost of long term care ins. It is too costly or unavailable if one has health problems
28 Have no long term care insurance
28 Even though I have no need for LT health care the cost for this is very outrageous.
28 Long term care insurance can't afford
28 Long term care insurance
28 Long term insurance
28 Insurance
28 Unable to get long term care insurance and the secure horizons HMO has eliminated most prescription drug coverage.
28 Cost & coverage long term care \$4000 a year doesn't cover day cost co-pay or meds.
28 Long term care insurance
28 Long term care insurance
28 Long term care cost
28 Being able to afford suitable long term care needs, insurance for it is expensive.
28 Care insurance
28 Long term insurance
28 Getting long term insurance
28 In the long term my concern is a) because I do not have any children and if I outlive my husband...then how will I care for myself if I should contract a difficult condition such as Alzheimer's.
30 Social issues

30 I am tired of being lonely all the time, I sometimes sit home all alone and there is no one who real care about me.

31 Loneliness

31 Loneliness

31 Miss my wife when she died in 2000

31 I'm alone too much and lonely

31 Loneliness

31 Loneliness

31 Family and friends passing away-depressing

31 Loneliness

31 Loneliness

31 Being lonesome

31 Loneliness

31 Isolation/loneliness

31 Missing my deceased husband of 56 years.

31 Loneliness

31 My husband passed on last year & it's lonely without him

31 Loneliness-shyness prevents me from getting out and meeting people.

31 Loneliness

31 Loneliness

31 Loneliness

31 Loneliness

31 Loneliness

31 Loneliness

31 Pain generally prevents me from getting into social events

31 Loneliness

31 Living alone

31 Loneliness

31 Loneliness

31 I get lonely sometimes, my husband of 57 ½ years died 5 years ago today. I have a daughter in C.V. we are together very much. live in Congregational Towers so I feel safe well taken care of good living facilities, my husband moved here in Aug 1992 have been here 11 years

31 I am active with Freemasonry & shrine otherwise I am very selective of friends and tend to be a loner.

31 Loneliness-new to area without family

31 Loneliness

31 Being alone at home all of the time

31 Loneliness

32 Racial discrimination-white males are always discriminated against.

32 Racial discrimination

32 Racial discrimination

32 Racial discrimination

32 Racial discrimination

35 Occasional forgetfulness-part of old age I guess

40 Being on look out for people who could harm me-parking lots etc.

40 Crime

40 Crime

40 Crime in our area

40 Crime

40 Crime
40 Escalation of crime in our area
40 I worry about crime, I live alone
40 Crime
40 Crime
40 Crime has escalated over the years as does our illegal alien problem.
40 Crime
40 Crime
40 Crime-reluctance to go to or drive to certain areas of city.
40 Crime-theft
40 Crime
40 Community crime-it concerns me. When police services are reduced which they are doing now. Citizens safety should be #1.
40 Crime
40 Crime
40 Crime
40 Crime-insufficient punishment for major-or-minor crimes committed.
40 Crime-changing neighborhood-influx of transients; property damage-need for constant vigilance.
40 Crime in general seems to be climbing against elders.
40 Portrayal of crime by the media
40 Theft
40 Crime
40 Taking care of my parents until 1 ½ years ago when they both passed away.
41 Isolation
41 Missing presence and companionship of my deceased wife-we were married some 59 1/2 years one of the best marriages in history – something we'd both do all over again.
41 Isolation
41 Not being with family (on east coast) I am moving to FI. To be nearer family.
41 Isolation
41 Loneliness
41 Isolation
41 Isolation
42 Age discrimination
42 Age discrimination-as a person ages he or she is treated rudely by people of different ethnic and age groups.
42 Age discrimination-looking for employment
42 Proving age discrimination in employment
42 Age discrimination
42 Prejudice against my age and that of my colleagues in the San Diego Community College District by Chancellor Augie Gallegos.
42 Age discrimination
42 Age discrimination-working on PHD psychology – to also develop income more opportunities for supplement
42 Age discrimination
42 Age discrimination-have heard remark against me because of my age
42 Age discrimination
42 Age discrimination
42 Age discrimination-working on PhD in psychology-more opportunities for employment
43 Care of minor

- 43 Providing child care for my 2 granddaughters 2 or 3 days a week-love it but it also has it's downside.
- 43 Taking care of grandchildren during the summer.
- 43 Possibility of having to care for child and grand kids
- 43 Taking care of a child under 18 years of age.
- 43 Taking care of child under 18
- 43 Worry over my great grandson 2 years old
- 43 Taking care of child under 18
- 43 Taking care of child under 18
- 44 Taking care of parent
- 44 Taking care of adult (30 year old daughter out of work).
- 44 Taking care of an adult.
- 44 Taking care of adult.
- 44 Taking care of husband who had a stroke and who keeps falling down and how helpless I feel.
- 44 Retarded son 46 years old lives at home and goes to a work training center five (50 days a week. He is healthy and a contributing member of the family, he enjoys doing his chores. I wake him at 6 am five days a week.
- 44 Concerns for my stepdaughter
- 44 Care of elderly parent
- 44 Caregiver for elderly mother-her socialization-trying to solve her problems through government bureaucracies.
- 44 Taking care of an adult
- 44 Adult care-have a son in vista-wife is leaving him-has seizures and wish he more able to find a job and make himself more useful.
- 44 Take care of husband with dementia
- 44 Taking care of an adult
- 44 Taking care of adult
- 44 I am the sole caretaker for my wife who is a stroke victim. It takes all my time & energy.
- 44 Taking care of mother age 88
- 44 I take care of my older husband who is quit infirm. I have no family near this is confining.
- 44 Taking care of an adult
- 44 Concerns not for us but our adult son who lives at home who is unable to work.
- 44 Taking care of spouse with chronic health problem
- 44 Care of an adult disabled person
- 44 Taking care of an adult
- 44 Taking care of an adult
- 44 Caring for husband with dementia
- 44 Care of an adult
- 44 Taking care of an adult
- 44 Taking care of developmentally disabled, insulin dependant daughter.
- 44 Take care of my wife-back pain due to fall
- 44 I am a primary care giver and may need some low cost assistance.
- 44 Taking care of an adult
- 44 Caring for adult parent w/Parkinson's disease
- 44 Taking care of an adult
- 44 Taking care of an adult
- 44 Taking care of my 40 year old son
- 44 Taking care of adult
- 44 Taking care of 92 year old

44 Taking care of an adult diagnosed w/Parkinson's disease
44 Taking care of demented elderly parents
44 I took care of my mother for 6 ½ years, she died last spring. I have just about recovered from that experience.
44 Trying to help take care of mother-in-law who still lives alone & doesn't want help except her children.
44 Care of an adult
44 Taking care of an adult
44 Guiding a 19 year old son from drug abuse and clinical depression into responsible adulthood.
45 Rising crime caused by budget cuts by our inept governor.
50 Money to live on
50 Financial issues
50 Finances
50 I wish my daughter didn't have to help me with my finances.
50 Stock market falling directly affects my income.
50 Financial issues
50 Financial
50 Financial issues
50 Worry about having enough money to live on in the future.
50 Financial issues
50 Money
50 Financial issues-I would like to retire but do not have enough \$ set aside to do so -my current age is 63.
50 Economic uncertainty in the country
50 Financial
50 More income would suffice for all.
50 Money-bills
50 Financial management
50 The expense of living in this area.
50 Financial
50 If taxes are raised as Gov. Davis proposed - it will affect us substantially. Worry about inflation coming back as we have no COLA on our retirement money.
50 Financial issues
50 Finance
50 Health
50 Retirement finances not stretching to meet expenses
50 Because of bills outstanding, dentist, emergency surgery (cost of admission)
50 Money
50 Money
50 Money shortage
50 Finances
50 Money
50 Money-cost of rent
50 My SSI is not enough to pay my expense
50 Coping financially
51 Having enough money to live on
51 Having enough money to live on
51 Having enough money to live on
51 Rising living expenses

51 Having enough money to live on
51 Money to live on
51 Money
51 Item 1e effects the amount of money I have to live on.
51 Having enough money to live on.
51 Low income
51 Having enough money to live on.
51 Having enough money.
51 Money to live on
51 Having enough money
51 Having enough money to live on
51 Having enough money to live on.
51 Having enough money to live on.
51 Cost of living and keeping up household
51 Having enough money to live on
51 Having enough money to live on indefinitely
51 Trying to stretch social security income to cover everything.
51 Having enough money
51 Money
51 Money
51 Having enough money to live on
51 Having enough money to live on
51 Money doesn't go as far these days-I'm still in workforce to keep up with cost of living.
51 Having enough money to live on
51 Having enough money-Social Security doesn't make it
51 Having enough money to live on
51 Enough money to live on
51 Bad economy hurt my retirement
51 Having enough money to live on
51 Cost of daily living keeps going higher than my fixed income.
51 Having enough money to live on and not be a burden to children.
51 Having enough money to live on
51 Having enough money
51 Having enough money to live on
51 Having enough money
51 Money to live on
51 Costs of living-everyday (ie: gasoline, utilities to long term insurance) We are just "getting by" with no way to cushion serious illness-loss of employment.
51 Having enough money to live on
51 Having enough money to live on.
51 Cost of living expenses continue to increase (not just energy & utilities) can't afford insurance of any kind (not just the long term care mentioned).
51 Having enough money to live on
51 Cost of basic necessities
51 Financial issues-having enough money
51 Having enough money to live on

51 Having enough money to live on
51 Having enough money to live on.
51 If prices and taxes would stop going up – maybe there would not be a problem.
51 Worry about having enough money after I retire due to inflation.
51 Having enough money to live on
51 Having enough money to live on
51 Having enough money to live on.
51 Running out of money, will have to sell and move
51 Having enough money to live on-whether it will last long enough
51 Having enough money
51 Having enough money to live on
51 Would like more money from my county retirement.
51 Not enough money
51 Not getting enough food
51 Having enough money to live on
51 Having enough money for extra medicine
51 Having enough money to enjoy myself, movies cost too much I go maybe very 3 months,
nice restaurants cost too much.
51 Cost of living
51 Having enough money to live on
51 Having enough money to live on
51 Having enough money
51 Having enough money
51 Cost of city, county, state fees i.e. vehicle registration
51 Having enough money to live on
51 Having enough money to live on
51 Having enough money to pay for everything.
51 If I have enough money for retirement
51 Cost of living problem is not enough money on my earnings!
51 Enough money
51 Having enough money to live on.
51 My pension expired before I did and my savings is gradually being depleted ad may need
part time job.
51 MONEY-that's it!
51 Making sure my assets outlive me
51 Having enough money to live in our home.
51 Money
51 Cost of living
51 Having enough money to live on
51 Having enough money to live on
51 Having enough money to live on
51 Financial not enough \$
51 Having enough money to live on
51 Having enough money to live on-I have a good enough IRA
51 Having enough money to live on
51 Having enough money to live on
51 Money

51 Having enough money to live on
51 Trying to make a small social security check stretch so I don't have to take all my savings
which aren't much.
51 Enough money to live on
51 Money
51 Not enough money
51 Having enough money to live on
51 Having enough money to live on
51 Having enough money to live on
51 Having enough money
51 Having enough money to live on
51 Having enough money to live on
51 Not having enough money to live on
51 Having enough money to live on
51 Having enough money to live on
51 Having enough money to live on.
51 Having enough money to live on.
51 Having enough money to live on
51 Enough money
51 Having enough money to live on.
51 Having enough money to live on
51 Enough money to live on
51 Having enough money to live on
51 Money
51 Having enough money
51 Having enough money to live on
51 Having enough money to live on
51 Having enough money to live on
51 Not have enough money o pay for medication and but food and pay bills.
51 Having enough money to live on
51 Financial issues
51 Financial
51 Having enough money to live on
52 Cost of energy/utilities
52 Utility expenses
52 Cost of energy/utilities
52 Energy/utilities
52 Cost of energy/utilities
52 Energy-cool
52 Cost of utilities
52 Cost of energy
52 Energy and gas
52 Cost of utilities
52 Cost of energy/utilities
52 High cost of utilities
52 Cost of energy
52 Utility costs too high.
52 Cost of energy/utilities
52 Cost of energy/utilities
52 Energy/utilities

52 Increasing costs of energy/utilities
52 Cost of electric
52 Cost of utilities seems exurbanite to say the least
52 Cost of energy & utilities
52 Cost of energy (we have many power failures in this area as well. The last one lasted 19 hours.
52 Cost of energy/utilities
52 Cost of energy/utilities
52 The cost of energy is too high
52 Cost of energy
52 Cost of utilities
52 Utility costs
52 Cost of energy
52 Cost of utilities
52 Cost of energy and utilities
52 Cost of energy & utilities
52 Cost of energy/utilities
52 Cost of utilities
52 Keep utilities down
52 Cost of utilities-for heat in winter and air in summer is beyond our pocketbook
52 Cost of energy/utilities
52 Utilities are very expensive
52 Cost of energy/utilities
52 Cost of energy/utilities
52 Cost of energy/utilities
52 Cost of energy/utilities
52 Lots of energy/utilities
52 Cost of utilities
52 Cost of energy/utilities
52 Cost of utilities/energy
52 Cost of energy & utilities
52 High cost of utilities
52 Cost of energy/utilities
52 Cost of energy/utilities
52 Cost of energy/utilities
52 Cost of energy & utilities/gas for transportation
52 Cost of energy
52 Cost of energy/utilities
52 Cost of energy/utilities
52 The cost of energy
52 Rising cost of gasoline
52 Due to the gross mishandling of our state government by the inept governor-our energy costs are out of sight.
52 Utilities are a real problem no matter how conservative we are, bought new appliances for efficiency & didn't help \$250+ monthly.
52 Electric bill
52 Reliance on gas/oil/nuclear energy danger
52 Lower utilities
52 Cost of energy utilities
52 Cost of energy utilities

52 Increasing cost of all utilities and services.
52 Energy/utilities are high in the winter to keep fairly warm.
52 Cost of energy
52 Cost of utilities
52 Cost of energy & utilities
52 Cost of utilities
52 The cost of housing
52 The cost of utilities/gas and electric
52 Cost of energy-the cost is obscene-fortunately have enough to pay them.
52 Cost of energy/utilities
52 Cost of energy/utilities-fixed income seniors always worry about increasing costs for necessary items.
52 Cost of energy/utilities
52 Increased price of utilities
52 Cost of utilities are ridiculous even compared to Orange County
52 Cost of energy/utilities
52 Cost of energy/utilities
52 Cost of energy and utilities
52 Cost of energy & utilities
52 Cost of energy & utilities
52 Cost of utilities
52 Cost of utilities
52 SDG&E sewer & water services, homeowners insurance
52 Cost of energy
52 Cost of energy/utilities
52 Increased price of utilities
52 Cost of utilities
52 I can get our water bill not be high, I put in low slow toilet, have hot water tank insulated- just 2 of us. It should not be so high I have my checked twice a year.
52 Cost of energy in utilities
52 Cost of energy/utilities
52 Cost of energy/utilities
52 Cost of energy/utilities
52 Cost of energy/utilities
52 Utilities are very high compared to other areas.
52 Cost of living-inflation in cost of services of all types
52 Cost of electricity and the bundling strategy of the cable TV company that doesn't let me select only the channels I want.52
52 High cost of utilities
52 Cost of energy/utilities
52 Cost of energy
52 Cost of utilities
52 Cost of utilities could be if the cost continues to go up
52 Cost of utilities
52 Cost of utilities could become a big problem.
52 Cost of energy due to our inept Governor
52 Cost of energy
52 Cost of energy/utilities
52 Cost of energy
52 Utilities have gone crazy

52 Utilities cost
52 Cost of energy
52 Cost of utilities
52 Energy/utilities cost
52 Cost of utilities
52 Cost of energy/utilities
52 Cost of energy/utilities
52 Income not keeping up with energy/utilities cost
52 Electricity and gas are expensive
52 Cost of energy/utilities
52 Cost of energy
52 Cost of energy
52 Cost of energy/utilities
52 I have no problem paying my utilities they are simply too expensive – get prices in line!!
52 Somehow utilities/gas prices must be monitored to ensure some semblance of control.
52 Cost of energy
52 Cost of energy
52 Cost of energy/utilities
52 Cost of energy/gasoline
52 Cost of utilities/water & sewer
52 Cost of energy/utilities
52 I see the cost of utilities rising too fast. Might be a problem in a very few years
52 Cost of energy/utilities
52 Cost of utilities
52 Utility costs limits the money to live on making for a very tight budget
52 Cost of utilities/energy
52 Cost of energy/utilities
52 Cost of energy & utilities-when we conserve water, the sewer charges go up; when we
conserve electricity & gas the rates go up. Cable service is over-priced; local telephone
service over priced. Internet service is overprice, so is second phone line.
52 Cost of energy/utilities
52 Cost of utilities
52 Cost of energy
52 Cost of energy
52 Cost of energy/utilities
52 Cost of utilities
52 Cost of utilities
52 Cost of energy/utilities
52 High cost of utilities and cable.
52 Cost of energy/utilities!
52 Cost of energy/utilities & gas cost
52 Utilities cost
52 Cot of energy/utilities
52 Cost of utilities
52 Cost of energy/utilities
52 Cost of utilities
52 Cost of energy
52 Cot of utilities
52 Cost of utilities
52 Cost of energy-utilities

52 Cost of energy-utility-water costs
52 Energy & utilities
52 Cost of energy/utilities
52 Energy costs/especially electricity and the cost of gasoline
52 High cost of utilities-we don't keep the house comfortable during winter months due to high cost.
52 The cost of energy/utilities some time cost me a problem.
52 Cost of energy/utility
52 Cost of energy
52 Cost of energy/utilities
52 Cost of utilities
52 Cost of energy
52 Cost of utilities
52 Cost of utilities
52 Cost of energy/utilities
52 Utility costs
52 Energy high!
52 Cost of energy/utilities
52 Cost of energy
52 Utilities
52 Cost of energy & utilities
53 Cost of housing
53 Housing costs
53 Housing is extravagant
53 Cost of housing
53 Cost of mobile home space rent (housing)
53 Housing
53 Cost of housing
53 Satisfactory affordable housing
53 Housing
53 Housing costs
53 Housing
53 Housing
53 Cost of rents takes most of social security. Senior housing takes 3-4 years wait.
53 Housing-if we sold our home we couldn't afford to stay in California.
53 Housing
53 Housing
53 Housing & rentals for seniors
53 Cost of energy
53 Housing cost
53 Cost of housing
53 Housing
53 Housing costs
53 Housing-if we sold our home we couldn't afford to stay in California.
53 Reasonable housing/utilities.
53 Rent costs
53 Housing
53 When I retire in 3 year 6 months will I be able to afford the place I live?
53 Cost of housing (rent)
53 Housing

53 Housing and utility costs that could force me away from an address I have lived at most (not all) of my 68 years.

53 Housing

53 Cost of housing

53 My major concern is being able to afford living in San Diego when I retire next year. Housing is my major concern (affordable) housing.

53 House upkeep

53 My dream of owning my own home vanished with the rising prices and availability of homes.

53 Housing cost

53 Housing cost

53 The rising of rent at this mobile home park by \$50.00 each month – takes nearly all of my SSI income.

53 Finding an apt. or house to live in is so costly-no wonder people live in the streets. There is no adequate housing for the average man. All the retirees from the navy & marines retired with good pensions-how can a person from Mc Donalds/Burger King retire?

53 Housing

53 Energy

53 Affordable housing

53 Housing costs for everyone.

53 Rising cost of my rental in this mobile home park \$80 in year

53 Housing

53 Cost of housing

53 Will only be able to live here a year or two more before the rent gets unaffordable.

53 Housing

53 Housing

53 Mobile home space rent 100% increase in eight years my wife can't retire, we would not be able to pay rent & health care.

53 Getting a cheap place to live

53 Housing too costly

53 Housing cost

53 Housing

53 Housing

53 Housing

53 The apartment rent takes a \$131 raise every year. I wish the apartment would know we aren't wealthy people here. The apartment owners keep the landscape beautiful but our apartments are forgotten.

53 Housing

53 Housing

53 Cost of housing

53 Cost of housing

53 Cost of housing-rents going up in apartment complex I live in

53 Housing

53 Cost of housing

53 Housing costs

53 Housing costs

54 Employment

54 Employment opportunities

54 Employment possibilities

54 I have been unemployed 1 1/2 years

54 Employment opportunities
54 Employment opportunities for older women.
54 Employment opportunities
54 Employment-I'm stuck in part time jobs unable to get a raise.
54 Employment opportunities
54 Employment
54 Employment-a job to support myself & husband
54 Employment opportunities (things I could do at home)
54 No employment opportunities in this area.
54 Employment opportunities
54 Employment opportunities
54 Employment opportunities
54 When I was searching for a job, I was often passed over for younger male workers. I applied with many landscaping companies and for gardening jobs.
54 Employment opportunities
54 Employment opportunities
54 Finding part time employment
54 Employment opportunities
54 Employment opportunities
54 Employment opportunities
54 Employment opportunities
54 Employment opportunities that I am capable of and those that I would enjoy doing.
54 Employment opportunities because of my physical handicap.
54 Employment opportunities and medication
54 Employment opportunities! Especially government jobs! Federal government, specifically VA jobs! They discriminate because of race!
54 Employment
54 Employment
54 Employment opportunities
54 Getting help for jobs requiring Physical strength
54 Employment opportunities for older persons
54 Employment
54 Employment
55 Cost of housing and taxes
60 Taking care of my parents until 1 ½ years ago when they passed away.
99 Age
99 Taxes
99 A daughter has ripped me off of \$1300 and there isn't anything I can do about it. 619-422-3247.
99 Retired MD-want to volunteer, but unable to find entry point.
99 Remembering things
99 Selling my home for what it's worth
99 Taxes
99 Don't understand the question
99 Finding a good doctor
99 High cost of gasoline
99 Only family & Christians really care
99 Depressed

- 99 Wife presently has self & spousal good health insurance offered by employer what happened on her retirement? Will worrying about sufficient resources to cover future needs accelerate less quality living?
- 99 Taxes are very high compared to other areas.
- 99 Minor problems
- 99 Health insurance cost
- 99 Keeping up with the high cost of living
- 99 Can't do daily activities without help. My wife and homecare aide help me.
- 99 I'm still working full time and collecting social security and have company health insurance so life is good at 72 years old.
- 99 Cost of health care
- 99 Med. Costs
- 99 Hearing-deaf in left ear
- 99 Sight-loss of eyesight
- 99 They did not justify my full retirement the problem they cut from my check to give me health is that fair?

Question 7B

- 1 No further problems at this time.
- 1 Keeping busy w/a part time vocation & a hobby
- 2 How can you attend activities (such as question 90 & get any help or information if you never hear about them & have little or no transportation available?
- 3 The prompt availability we live half way up Palomar mountain.
- 3 Getting my Homeowner Assistance claim booklet, I am eligible
- 3 Calling for schedule is confusing.
- 3 To many phone calls, services don't want to help seniors
- 3 Inability to get doctors appointments, trouble getting things I need when I need them.
- 3 I am married, but if something happened to my husband then I would not know where to turn and who to call.
- 3 Trouble getting things I need when I need them.
- 3 Trouble getting things I need when I need them
- 3 I have uneasiness about the increasing uncertainty of social services at state/national levels due to current government and social trends that minimize services and maximize perceived threat. The "leave" no child behind program is a good example of an empty promise policy.
- 5 Will I still be able to afford some kind of recreation
- 5 A lack of resources outside of church for able bodied, healthy seniors to meet and socialize. Like a boys and girls club for people over 60! A place that is not an elderly ghetto but fun.
- 5 I work and most "senior" activities are scheduled during the daytime when I can not attend.
- 5 I would like to learn some new pieces on the piano but I run out of time. The older I get the more slow I get.
- 10 Delivery of groceries when we (with wife) got sick.
- 10 Would not be able to AFFORD home services.
- 10 Finding affordable reliable handyman services for home maintenance (things I used to be able to do for myself).
- 10 Maintain our property value; getting senior citizen discount

11 I'm in excellent health keep busy by doing gardening; housework; coach & umpire sports
I'm w/SVP-w/CHP

14 Handyman

15 Transportation later

15 Want to use public transportation but don't know how to get info about it.

15 Lack of ability to drive into the city & body discomfort, eyesight.

15 I don't drive much anymore, except in times when he can not drive me. In having cataract
eye problems right now hope to have it fixed at 80 yr of age I'm pretty lucky so far I'm a
type 2 diabetic-controlled by medication.

15 Transportation for medical

15 Transportation in the future

15 Many things in #7 would become a problem if I could no longer drive my car, for now all is
okay

15 Evening activities are very difficult for the elderly because most of us do not drive at night.
If transportation from and back to our homes was available many of us could enjoy so
many more during our old age. Special seating would help too.

15 Mass transportation needs to be available for all-buses go only certain way-same for
Trolley.

15 Cost of transportation

15 Concerned about public transportation if ever unable to drive

15 How can you attend activities (such as question 90 & get any help or information if you
never hear about them & have little or no transportation available?

15 Transportation to and from here-there. I drove for 40 years in San Diego county but when
my drivers license then was due to be renewed although I hadn't had a traffic accident or
traffic ticket the Poway department of motor vehicles refused to renew my drivers license.
My advice is don't go there!

15 Lack of bus transportation in certain neighborhoods, particularly in Rancho Penasquitos
where my elderly parents live.

15 No car-waiting for bus

20 Health

20 Legal help

20 My disability is not age but stroke related; so physical. Many advances in allomodation
have been accomplished; needs continued expansion.

20 Health

20 Getting to talk to someone on the telephone without undue delays with automated
systems.

20 I need to have at lease food stamp to buy my food instead to pay it from my check of the
SSI.

27 Cost of medication

27 Cost of medication

27 Cost of medication

28 Can't afford long term care insurance

30 I which Dr. appointments or specialists didn't require so much time& I feel too many
"Denials" from HMO plans.

30 Long term care, hopefully will not need it

30 Finding new doctors & hospitals

30 Health insurance

30 Making sure social security remaining sound and will be available to those who have
earned it.

30 Medi-cal

30 All elderly should have a communication hotline in case of falls or unable to get out of bed.

30 Surgery on left eardrum perform poorly very dissatisfied!

30 The USA should have national (socialized) healthcare on the pattern of the balance of western civilization.

30 Getting substantial true advice regarding medical care services that apply BEST to us.

30 Getting faster appointments to see a doctor!

30 There are too many people between doctor & patient. It's hard to get to see the doctor.

30 Social issues

30 Health problems-my ability to walk is less than adequate, would rather not depend on others to help me.

30 My feet hurt-it's the arch that isn't flexible and it's hard to do any activity

31 Future personal care for self and wife.

31 Old age home; medical or SSI application-we have only one year of long term care.

32 At this point I have no major issues. However as I age & retire my biggest concern will be housing-I will not be able to afford adequate housing in San Diego.

32 High cost of medical health coverage

32 Extremely high cost of drugs

32 Hard to cope again with medical & dental -again to pay additional for yet illegal get it FREE, I'm from Penn. this does not happen-only in California.

32 Expense of dental care& handicapped equipment (ex: wheelchair, walkers, in north county)

32 Price of drugs needed for the aging population.

32 Health care costs have soared due to the cost of treating illegal aliens at our hospitals & clinics.

32 Cost of medical insurance

32 Prescription have gone way above my means

32 Cost of long term care assistance/insurance is a concern. Small print may make it valueless or valuable depending on circumstances, I have LT insurance.

32 Medicare inadequate payment of heart care cost.

32 Cost of medication

32 Cost of med care & prescriptions

32 Cost of dental work (outrageous)

32 Dental care-higher and higher prices with no viable insurance or concern by the administration.

32 Cost of hospital ER services and overnight hospital stay.

32 Cost of long term care (for relative when needed)

32 Medications should go down like my hormones.

32 Health insurance cost after my retirement

32 Not getting adequate health care because of illegal use & cost forward to those with coverage.

32 Why drug companies are not forced to sell meds at lower prices as they do in other countries. Why must we buy meds from Canada & Mexico in order to continue to live. We then can't afford housing or food after working all of our lives.

32 Cost of prescription drugs; dental care

32 Being between 60-65 to get medical health care insurance like secure horizons \$300-400 a month for each of the family members isn't easy to pay.⁴⁵

32 Affordable health coverage

32 Having the cost of drugs and medical procedures deplete our secondary insurance.

32 Better medical benefits for elderly including medication

32 Medical HMO's too high eye care for cataract surgery etc., Dental costs too high & little coverage I need according to Dentists in my area \$4000.00 or more of dental work so I go without. Is there a dental care program where I could go for at least half percent.

32 My biggest problem is the cost of prescription drug expenses which cost over \$1500/month which is no longer covered by secure horizons and is my biggest expense.

32 Not being able to afford meds/treatment fixed income-have to ignore many symptoms Diabetic-PBC-Thyroid-Cardiac-Dental cost new denture/partial/oral surgery \$13,000 1999-2003.

32 Health insurance is getting expensive we can not afford for better program we always select.

32 I did get medical coverage from aging and independent services for medicine trouble getting hospital & dr. services covered.

32 Housing-wish to downsize

32 Low cost long term care rising cost of living in general with the cost of living going up do to the budget conditions in CA.

32 Cost of prescription medications

32 Medication

32 Cost of medication

33 Ability to speak, have disorthrya.

33 My husband had a heart attack in 2000 and his lungs lost 50%.

33 All of my health problems

33 I have 2 types of cancer (breast & uterus). They said my uterus cancer will come back some where else -gave it five years, this is the 5th year.

33 Health

33 Separation from and "missing" old friends in another city.

33 Research needs to be done: I have planus which affects all parts of my body and every time I go to a doctor I'm told they don't know very much about this disease and therefore I don't get adequate help dealing with it & it has affected my quality of life.

33 Just recently diagnosed with breast cancer, awaiting surgery.

33 Arthritis treatments

33 I want to walk

33 Knowing and understanding priorities and my health diagnosis; why and where money goes. Bills

33 Sometimes disturbed over being on oxygen 24-7

34 Planning for the future when I am over 100 years of age, I would not want to depend upon my children.

34 Being able to continue to take care of myself & continue to keep up with everyday chores.

34 Knowing what I should do regarding my future

35 Getting long term care for retarded son when I can no longer care for him.

35 Mainly forgetting people's names! This is very embarrassing!

37 Being cared for when I'm no longer able to care for myself.

37 Concern with daily living if spouse is not able to care for me.

37 My biggest problem is finding competent and caring in home care that is reliable and affordable.

37 Concerned about medical emergencies since I live alone.

40 "Holiday Blue": A struggle getting through holidays & weekends alone.

40 Cut off from children and families

40 Alone in the world no one to reach out o confide in.

40 Being single

41 Companionship

41 Companionship

41 My concern: I would like to have a friend to socialize with; most of my friends moved or are ill, some are already gone.

42 Getting more education to learn English.

43 Grocery shopping. When we moved into our neighborhood there was "three" large grocery chain stores now we have none, they were within walking distance now you have to drive or take a bus, something is wrong with this picture - politics?

43 I can only shop in stores that have scooters for the disabled unless it is a very brief stop and "grocery type" carts are available. (I've done my personal shopping by catalog for 20 years) twice in the past month I have been stranded in the middle of a huge store with a dead battery and a full grocery basket. I realize scooters are expensive for businesses to buy and maintain and I appreciate stores that furnish them but having a dead battery is a major problem for the disabled and store personnel don't appear to be aware that the batteries must be charged!

44 I have things done by tradesmen they give me 100% guarantee on labor and materials, I call for service they never show up again.

44 Consumer service fraud

44 Not being able to trust anyone

45 Home security (break-ins occur frequently in my area).

45 Increase in signs of gang activity

45 Slow response by police to crime in our area.

45 Gang violence

50 Financial issues

52 Cost of energy and utilities

53 Cost of housing for seniors or no seniors only housing

55 Have 5 grandkids living in my house.

60 I hesitate to leave my husband alone or any time, as he has fallen several times. It is necessary to shop occasionally and I like to attend church on Sunday.

60 Currently care for 89 year old relative in addition to spouse who is handicapped & only partially mobile

60 Fall between cracks-have 50 year old daughter on SSI -manic depression can't work can barely get by-helped the last 2 years from HUD-Chicago.

65 Elderly widows often feel insecure about consulting with strangers. Whom can we trust? There are many horror stories...

65 Learning to live without my husband who passed away in 2002

65 Inflation about what procedures are necessary to fulfill when a spouse dies.

67 Morning stretch classes for seniors all year round.

67 Morning basic yoga for seniors all year round.

70 Prices constantly going up and income constantly going down Very Important!

70 Sense of "well being" Everything we have is spent on paying for daily costs-fear of the future-lack of decent medical care-doctors caring for you the patient-lack of money for preventative medical care-cost of prescriptions for husband.

70 Husband will retire this year uncertain future (financial)

70 Space, privacy and cost of food major problems

70 We would like to stay in our modest tack home but need help with yard work. Our combined Social Security checks come to a little over \$700-it's hard to stretch money for the basic necessities.

70 Seniors on SSI not getting more of an increase on their cost of living-everything else goes up!

70 The list skirts the issue that most of us need to work not volunteer which is the way that seems to be expected of us after age 60.

70 Housing-enough money to live on

70 Having enough money to live on

70 I need financial help

70 Will I have enough money to take care of my wife & myself through retirement?

70 Saving enough money to live on when I retire

70 Hoping my social security benefits are not reduced

70 Money

70 High cost of living

70 Just pay bills medication and pay rent.

70 Just pay

71 The cost of utilities, if I let myself be comfortable there are other necessary things I can't do/have.

71 Essential utilities should revert to public (ie. Regulated) utilities.

71 Cost of energy/utilities

71 Utilities

72 Affordable housing (condos/apartments) for seniors

72 Senior rentals availability factors

72 Finding upscale affordable housing.

72 Finding affordable retirement housing

72 Rent keeps going up

72 To down paying of rental house

72 I feel our city should be doing more to provide affordable housing for our homeless & senior citizens existing on SSI. We need to have more for people who worked all their lives & because of varied circumstances they are a step away from being homeless.

72 Our children have had to move out of the area due to housing costs. This will effect us greatly later in life.

72 Housing is an issue-my parent's home is completely paid for, but it has stairs that have to be used to get into it, they are becoming dangerous. If they sell the house they have to find another place to live, but another house would cost as much as the house they have now & be worth less, they are stuck.

72 Housing should be available for all-if you're on the poor side forget it.

72 Mobile home parks that are for seniors should remain so. Would like to own my space and/or have rent control on the space. This cost is getting out of hand, more than 1/3 of my monthly income goes for rent & keeps going up yearly.

72 Rent is too high

72 Finding a place to live I can afford later.

72 Affordable housing for seniors & for young people just getting started in their careers

72 My wife and myself own our house -no mortgage payments but the real state taxes are way too high and some day we might have to sell (big problem).

72 Rent

73 Let Bush lower taxes.

73 I was charged an extremely high income tax as a result of one unexpected capitol gains.

73 Poway area raising taxes for schools not taking in their surveys most people are retired and living on a fixed income.

73 Taxes

73 Insurance & taxes

73 Property taxes Prop 13 protects a small % of citizens. What about the senior citizens since then. With fixed incomes some could literally be forced from their homes in this country this should never be allowed to happen.

73 Every government entity when it wants money just raises taxes or cost of service. I live on a fixed income, people 65 and older should be exempt from the uncontrolled cost increases. Their increases deplete money for food and medication.

73 The very difficult problem of financial planning because of the ever-changing federal (and state) tax laws.

73 Collecting social security and being taxed on it, as I have to work to meet my bills increasing my income ABSURD!

73 Seniors being taxed, taxed, taxed!

74 Stock market-high taxes

75 As my wife (age 82) and I (age 84) get older we are contemplating selling our house and moving to a retirement home with potential use of assisted living or nursing within next one or several years.

75 Health insurance too expensive

76 Financial counseling needed

76 My house needs work on roof. How can I get a low cost loan for house repairs?

76 Managing finances

76 Paying off credit card debt

77 Rising cost of gasoline

77 Gasoline is a big expense-it's 25 mi to the grocery store, bank shopping & 70 mi to Dr & hospital that mileage is one way so 50 mi to 140 round trip so travel is a big expense.

77 Affordable housing for young families

77 High gasoline costs

77 Cost of gasoline

77 Cost of gas for the car

80 The integrity of politicians

80 I am concerned about the future of my children & grandchildren in the current political environment.

80 The recent and continuing loss of environmental protections is very upsetting to me. I believe we will also pay dearly for our illegal and unnecessary war with Iraq.

80 S.D. politicians only care about their personal agenda for their careers and do nothing that might rock the boat i.e. look at what we pay for all utilities & gasoline and no one does anything to make things fair.

80 Waste of taxpayers money by city council 1)Chargers; 2) paying for new stadiums; 3) road median flower planting & maintenance of same; 4) street sweeper makes more dirt.

80 Our countries leaders-who should be worried about our middle class people who they seem to be trying to erase.

80 The on going political problems about social security

80 Nearly all of my anxieties & concerns are delivered from this horrid group running our country at present. Power & greed through lies and deception are their goals. They have little interest in the betterment of the people of this country and less for humanity in general. The media supports and covers up for them. Enormous extortion & corruption by energy companies is supported tolerated

80 My social security increased less than my Medi-Care increased ABSURD!

80 Besides wanting to be nearer to family, the politics in the state are destroying it. Fiscally this state has been destroyed by a corrupt governor and state government that believe

85 I live in a relatively quiet senior development-the city of Oceanside continues to threaten us by making some of our streets major arteries a move that would make life here intolerable.

85 People drive too fast.

85 Congestion on highway 78

85 Difficulty in driving in traffic

85 Traffic as it impacts the quality of life in San Diego

85 TRAFFIC!!

85 Traffic

85 Transportation to shows, parks, museums, shopping streets & centers in La Jolla.

85 Congested and deteriorating streets & freeways

85 Reckless driving & speeding of many other drivers.

85 Driving in traffic is getting more difficult. I used the bus to get to jury duty & it was fine.

85 Cares speeding by my home at 45-50 mph on a 25 mph (posted) dead end street. In the years I have resided here we have lost a dog and a cat plus had another hit!

85 Traffic on the freeways

85 Wreck less driving & speeding of many other drivers.

86 Over development

86 Overbuilding

86 Population influx

90 There is not a park that is within walking distance for the families to take their children to. Consequently the children play in the streets, make a lot of noise and ice cream vendors plague the area-I just moved up the hill I'm referring to Mission Hermosa while is rapidly deteriorating into squalor. I no longer live there but this area is going to cause problems if the city doesn't address it.

90 They are not personal-I worry sometimes about the local education woes; animal and child cruelty and the state of the world in general.

90 Speeding on 6100 block of Chadwick Avenue by cars coming off or going to I-54 & Red Drive. This is very bad street planning by whoever is responsible. We need humps on the block! George Stevens didn't do anything about it!

99 Meeting women

99 A daughter has ripped me off \$1300 and there isn't anything I can do about it.

99 Traffic congestion seriously diminishes the quality of life for all age groups in this area.

99 Fear

99 Lack of personal responsibility in the general population

99 I still work 2 days a week as an RN and am in good health.

99 Benefits

99 The lack of family

99 Degeneration of social and ethic values in American society.

99 The deterioration of public education system the need for school vouchers.

99 Liberalism, social welfare –too many programs for people not wanting to work for it. Too many people feel the government owes them –the government is the people.

99 Proliferation of government

99 Feel that past educational and work experiences could be used in part time or full time work in helping improve the quality of community living for the younger generation.

99 Doctors who do not relate to older patients.

99 Family relationships-am sometimes distant from only child which hurts

99 Junk mail & phone solicitations

99 Having to pick up mail

99 Cost of burial someday, no money set aside for this.

99 Policing the police

99 Invested money and company went bankrupt.

99 Wife and I are not getting along too well now. We argue constantly, we have been married nearly 55 years. I cut down on drinking beer, I am retired and work 4 hours a day 5 days a week, can not explain everything for lack of paper.

99 If one don't drink and gamble there would be enough money for food and bills.

99 Littering

99 I'm having problem with the "Cingular Wireless" cell phone company. They are charging me more money that I don't owe them. I need an attorney but they don't take a care for less that \$500,000.

99 Widespread dishonesty & disregard for rules & regulations & laws of our society.

99 We can keep our food & add fresh meat and veg instead just tuna , can chicken hash has too much salt.

99 I have hearing problem, have 2 aids

99 Children in another state

99 I took care of my husband for 1 year & then he was in a convalescent hospital & passed away.

99 Use the senior club not the dining center

99 Low morals of youth population

99 Terrorism and unguarded borders

99 Assisting other adult in the family with emotional problem.

99 Unsolicited telemarketing phone calls

99 When I get older I pray your services are much better then. The SSI office of Paradise Valley Road need to be more for parking-you have the car wash auto supply it's not enough parking plus the workers are under the impression it's their money you are putting in for and not your own.

99 Cost of public golf courses

99 The amount of problems one runs into with health billing and payments from insurance. So many untrained or just plain stupid people. I wind up doing half their work to set things right. I should be paid for doing their jobs.

99 Husbands alcoholism

99 Aches & pains that don't away (heal)

99 Weight management 7 nutrition

99 I don't have life insurance and I don't know what happens to me when I pass over. That the Federal budget and state budget are cut short affects our SSI benefit, especially our medicare. I am worrying what happens!

99 Harassing phone calls from telemarketing company!

99 Inability to get to doctor appointments

99 Spiritual

99 Automated telephones are a problem. Why can't we talk to real people who can help, like real doctors or nurses-and banks-there are too many buttons to push.

99 Jobs for seniors

99 Using cell phones while driving and while dining.

99 Safety of older people driving, crossing streets with the speeders and the crazy driving that goes on. 65 on freeways should be the max. not enough police and CHP's ticketing driving safety violations.

99 I think you covered all.

99 I need to have my SSI going good I want my SSI benefit full like other does.

99 My concern, not on the list is helping the homeless. I help run the food pantry at our church, and the church can't help I wish the government could.

- 99 Get help on Federal Grand Jury
- 99 The Salvation Army seems to want to get rid of the AIS program & start using the room for a youth program can they do this?
- 99 Our attendances has dropped drastically in the past 2 years & afraid it might close for other uses. The seniors would suffer.
- 99 I'm concerned about reduction in attendance at our Senior nutrition luncheons. There are rumors of the facility being used for other purposes.
- 99 We really need more people to come to our senior lunch-really concerned with it. It is a very balanced lunch & not expensive.
- 99 The Salvation Army seems to be taking charge of our AIS Nutrition center, are they wanting to take over? Are they against helping seniors?
- 99 I want to go to a chiropractor but my Dr. says no.
- 99 No close drug store
- 99 Widespread dishonesty & disregard for rules & regulations & laws of our society.

QUESTION 18

- 1 I am 62 and prepared for retirement which I have enjoyed for the past 3 years. No financial problems minor health, very active taking care of home in Chula Vista and 40 acres in Campo.
- 1 I'm a reader & check on a lot of information-do not listen to telemarketers & live in a senior park. We tend to get much information.
- 1 Actually I do very well for my age-just had an open heart surgery about 8 ½ weeks ago-doing fine up & about walking my dog.
- 1 I am active in handicraft club in Escondido make knitted sweaters and crochet, embroidery and hook rugs.
- 1 No, I think Seniors are adequately taken care of and information and services are readily available.
- 1 No. Fallbrook Sheriff vol. last 8 years, VFW; American Legion life members; Korean Vet Association Choison few member & fleet reserve association-keep pretty busy.
- 2 Info. on getting services.
- 2 Don't know what is available so don't know what to ask.
- 2 I don't need the services now, but I would like to be knowledgeable of where to go and receive info for them.
- 2 I would like to receive information on where and how to get financial aid for prescriptions.
- 2 My wife and I in our early 60's have a 27 year old epileptic daughter who needs almost constant supervision.
- 2 Had trouble getting help 31/2 years ago when my husband had Alzheimer's and I was care giver for 7 years. He passed on October 21, 1999 after 2 weeks in rest home.
- 2 Any information will be welcome please!
- 2 Seems though sometimes seniors center don't have answers. Can't use services if you don't know what is available. The longer we live the slower we get home and yard work done. I'm thankful we still drive.
- 2 Information on services that apply to me.
- 2 Would like to know how to go about it! I will use the number below.
- 2 Information on senior services should be mailed out to all residents over 62 years old.
- 2 In getting assistance for my mom, what security concerns should I have for her-her personal property, jewelry, etc left in the home for eldercare visits etc.?

- 2 Send me information about social programs that I might like to spend some time with. I like movies, lunch once in awhile, go walking for an hour or so. My right leg is not too well but I still take short walks. I speak both English and Spanish, thank you.
- 2 Would like to know about some social groups for
- 2 Wish I could find help with my mom sometimes but she doesn't want anyone lese except family.
- 2 We need a list someone that can help you when you do have work. My husband and I have bad hands that's why I do light work my husband has arthritis
- 2 I would like to obtain more information about all kind of services
- 2 How about a senior handbook?
- 2 Like to get information on how to get into section 8
- 2 I don't know where to go or who to get in touch with anyone about anything. Please help- in my home
- 2 I am a member of RSVP San Diego Police and we visit senior citizens. I am aware that there are many out there that area no aware of services. We need more advertisement and visibility for our seniors.
- 2 I would have liked to have help but now the chemotherapy is over I can manage on my own.
- 2 I need to investigate services that are available. I guess the telephone book is a good starting place.
- 2 Would like to find/know if there is a health center or senior center in this community like the Horizon which I've attended thru the invitation of a friend (S.C.) they have shuttle bus to take them there for medical therapy etc.
- 2 I would like if is available
- 2 How do I get help
- 2 Would like more help about healthcare
- 4 Legal help on dealing with children
- 4 Need more retired lawyers who you could call on for wills or other problems, that don't cost an arm and a leg.
- 4 Wills &/or living trusts
- 4 Difficult to find an honest attorney and a dependable honest mechanic especially for females
- 5 La Mesa senior center has an excellent exercise program –though we need larger room for some classes.
- 5 Senior community services keep me away because they seem impersonal and designed for more at poverty level or extreme ill health. There are many healthy seniors in need of social activities and interactions to stay in touch with others.
- 5 Athletic activities
- 6 Like to know more about volunteer programs
- 6 Bored with inactivity, want to volunteer be useful-retired psychiatrist-no takers.
- 6 It would be nice to know what volunteer services are available for post-doctorate college graduate.
- 6 Volunteer org.
- 6 Eventually would like to volunteer for RSVP
- 10 Need information & programs to do maintenance in my home. I can't afford to do this- between cost of materials and amount charged for the work.
- 10 Would be helpful to have a number of person to do repairs. It is difficult to find people to do this even if paid.
- 10 Assistance in doing laundry

10 Apartment cleaning

10 I am glad to ask if there is any help you can help me please do it.

11 We are doing okay now-send this back in 10 years we are still very active. Thank you

11 None at this time in my life.

11 Not really, I am very active in church activities.

11 Not at this time, I am active & no problems.

11 Feel great still working no problems, can't retire.

11 Not at this time, but maybe in a couple of years when I retire.

11 I'm doing okay

11 At the present I am in very good health and live in a guarded gated community with many services available. God willing I will continue to take advantage of my present circumstances.

11 As a very busy retired man in excellent health, I have very little need at this time for info or services.

11 Many of these things listed would be concerns if I were not as lucky as I am to be relatively healthy and still employed full time.

11 No and at this time I don't require any services, thank you

11 At his time we are doing fine San Diego is our hometown; we have daughter here plus lot of knowledge about service for the elderly.

11 I am a very healthy 72 year old female, except recent knee surgery. Very active in church community etc. am blessed with adequate income to live comfortable life style.

11 Send this to me in about 10 years

11 Right now I am fine – I found this questionnaire to be helpful by letting me know what services there are.

11 None needed now-have planned future needs and all seems to be working well-will use available services if and when they may become needed.

11 I am 61 years old, healthy and able to do everything I encounter myself. That is why I have answered the questions the way I did, I am sure in the future my needs will be greater.

12 Very lucky to have my health – still work, own my own business, not dependant on state etc.

12 I am a retired high school teacher. After retiring I now work at MCRD at the Bake Shop in the mess. I went to school at night while teaching and got my culinary certificate at Mesa College.

12 Still working 3 days a week – I'm still okay I hope my mom 95 will get one of these surveys.

12 I am still working full time to be able to afford my residence & cost of living for myself & spouse.

12 I'm still working, parenting and plan to volunteer on work part time in a year when I retire-I'm very fortunate I will inquire into physical & social activities for future years.

13 A well publicized and maintained website would be very helpful for people.

13 I use the computer to contact the agencies that I sometime need information from.

13 The information on the internet for seniors; for me is incomplete but somehow valuable to have an idea of what's available.

15 There are times I need someone to drive me to a med procedure, for example after a colonoscopy etc. because I have no one to transport me back home.

15 When too old to drive how can we handle transportation problems.

15 Where we find out about local transportation services in our area (handi-trans?) in event my husband can no longer drive our car.

15 At this time we are both in good health and can manage very well. But public transportation can be a huge problem in this city, hopefully we don't need it for a long time.

15 Having enough shuttle bus available that is reasonably priced and available on call would be extremely valuable! For trips to the grocery and drug stores, doctors offices, churches etc.

15 Would like some availability of transportation and some affordable labor around the house or w/meals.

15 I am the wife of WWII disabled veteran 83, I am 79, I don't drive-transportation for me is nil. The VA provides my husband with many services but not me the spouse, we have been married 60 years this July.

15 Would like more information about transportation services

28 Long term care insurance

30 No-why use any of this when it's free to others-yet retiree's pay eventually for all of it. Services free to illegal -retirees pay DO YOU SEE ANYTHING WRONG WITH THIS PICTURE.

30 Find that doctors book multiple appointments at the same identical time, sometimes as many as 3 or 4, how about that?

30 I have medicare A & B plus a secondary coverage plan. Kaiser member it's hard to get appointment & getting results from test after appointment. I am tired of hearing about illegal rights (what happened to the rule of law)

30 Would appreciate any information on any services that actually involve any progress towards helping people sleep better whether it is pharmalogic or otherwise. Sorry about the handwriting it went 30 years ago!

30 Financial help

30 My doctor said I couldn't go to another doctor for a second opinion. I either see her or leave for another doctor.

32 Cost of medication

32 Why don't we have free health coverage for all American's like Canada and many other countries.

32 Will be ordering meds from Canada or traveling to Tijuana for them.

32 Sometimes I would like to know if I'm being charged correctly or am getting the services & pay fare from my HMO. They seem disinterested some employees seem to hate old people.

32 For those who fall through the cracks financially on limited incomes and incredible rents & med costs-choice of care or no care or poor care-respite care a few hours a week is inadequate personal money not available at \$18 per hour.

32 Where can I find low cost medication at this time?

35 Where and when seniors can get discount prices on food.

35 It is a great help having my meals delivered and I would find it difficult without that service.

40 What I need is some financial assistance

40 Having limited funds-what cost for help from services offered.

50 Lack of reliability (degrees of pain) discourages volunteering or helping others.

51 Call one current # not two or three

52 I live in a very active over 55 community with more social activity than any one person could attend-with bussing to stores in several places.

52 At this time I am doing what I have always done-however time may change all of that.

52 Living in the slow lane. I am 73 yrs old and I am enjoying my retirement I am very fortunate

52 I attempt to keep informed and up to date at all times. I know where to seek information that I require.

52 I am 76 and as of now I am blessed with a good life.

52 Felt pretty good about myself after filling this out, thanks

52 Several months ago I spent about 5 hours over 3 days researching by phone for a friend who has a fiercely independent 97 year old mother who is adamant about staying alone in her house and continuing to drive. There son is 77, was leaving on a trip and worrying about their situation. All the contacts I made for him were very knowledgeable and helpful. He followed up and contacted the referrals but at present his mother is still in her home. I was impressed by the availability of services in this area and the friendly helpful personnel. I've kept my notes of where to contact and I am adding the above number to my list.

52 I feel fortunate to have family in San Diego & to be active in UCSD retirement association & all attendant services & info.

52 I am fortunate my wife cares for me

52 My daughter lives nearby and helps me. Also, my grandson lives with me & though we have our disagreements, mostly he is very helpful & always good to me.

52 I have the phone the phone # below if necessary

52 Cost of energy/utilities

52 I am fortunate to have many friends and family members who help me in obtaining information & services

52 No other than your address is now in our personal phone book should either of us need help.

52 I would like to have some help but now the chemotherapy

53 I will keep your 800 phone number so in the future if I need information on where to get services I will have the means to access it.

54 I am a widow 2 years now & I raise a child (6 years old) & care for a retarded diabetic brother-I need help with my house both physically and financially

54 Something needs to be done to allow people to stay in their homes BUT get the additional care they need to remain in home.

54 Our major problem is finding the adequate home care in about 5 years from now. One year long term care is available for both of us.

54 Home care a concern-had an accident 1999 fractured C-2 collar – 2 mos in trauma & rehab 2 mos at home cost \$350 –week normal cost \$18 per hour from any agency- had to use an illegal no English.

72 Worry of enough money for in home care or a facility where you can be watched over and cared for. Makes me realize we will all probably live to see the day when we need help and there may not be family able to help as sometimes children have illness and they are seniors as well.

72 Artificial housing prices in SD -I was a builder.

72 (Housing) This is result of very poor and greedy zoning and requirements to build compared to many other California, Arizona and Nevada cities I have experienced. Very poor! I saw it coming years ago for greed!

72 The high cost of rent and housing for seniors in San Diego is deplorable.

72 We seniors need more 55+ housing with no home owners association fee and affordable.

72 Would like to know about low income housing.

72 Would like info on rental property for older people

73 I am self sufficient; I don't need any "new or improved programs" by the government, unless it is a state income tax reduction program. Our high state income taxes are outrageous, our democrat governor and democrat legislature are driving the state into bankruptcy with their socialist programs.

74 It is a good thing that you are doing this survey.

74 Thanks, I hope that this will help you.

74 No, excellent survey will we ever receive report on results? I hope so especially regarding
 meds and utilities.

74 Our Club 65 and La Mesa senior Center are very helpful. We also go play cards etc. to
 Lemon grove and College Ave. senior Centers, including having lunches there occasionally.
 Thank you for sending this survey!

74 No-thanks

74 None-thank you. I think what you are doing is great for many people.

74 I do not need help at this time but it sure is good to know that it's available- thank you

74 Thank you

74 None at this time-thank you for this survey!

74 I think it's nice that someone activated an effort to gather data such as this folder involves.
 Means someone either 1) cares a little 2) this is part of some school project necessary to
 qualify for graduation.

74 No, but thank you

74 No, thank you for your interest.

76 Don't understand what SSI/SSP means should have explanation if it means social security
 the answer is yes.

77 I received something but I don't know what it is SSI or retirement.

77 (caring for adult daughter) SSI or some kind of support?

77 Don't use acronyms on forms such as this I.E. what is OASIS? What is SSI/SSP?

77 #14 is something that I don't recognize so I must not receive it, I do receive Social Security
 and medicare.

99 Loneliness

99 Low income

99 It's a shame that such a wealthy country can not take care of its own people.

99 Haven't really tried to get info for myself.

99 I am 87 years old-I read-I walk 2 long blocks in our neighborhood everyday. I volunteer at
 healthy Share group and at my church from 60 to 80 hours a month, I don't sit at home
 and feel sorry for myself.

99 Opportunities are there – I have a condition that which limits my ability (ie. Walking) I
 know they exist and how to contact.

99 We would not survive without volunteers but please train them. Example: I called Aging &
 independent Services (when it was previous name) and asked about Senior Aides Project I
 had heard about when I was desperately looking for a job “Oh no we don't find jobs for
 people”.

99 Suggest that you modify this to include answers for the spouse.

99 (caring for adult daughter) she will need insurance when I retire.

99 I surely hope that PRESTO will be funded again.

99 I am not really sure what you mean about “Information and Services”. “Information and
 Services” about what? That question us so bad it is unanswerable. If a person cannot read
 the newspaper, magazines, yellow pages and use T.V., radio, internet and the public library
 then they need help. But you still haven't explained WHAT info and WHAT services.

99 Financial situation good-health situation okay at this time.

99 At the moment we are financially okay with our government retirements. We might be
 looking for a much smaller place to live (I am 79 wife is 75).

99 Everything is okay for now.

99 So far fortunately for me I have not needed any.

99 I am a retired teacher and Airforce Lt. Col. reserve, I also draw social security. I entered the
 labor market at age 14 driving a team of mules building roads.

99 Checking daily on seniors (phone)

99 The services offered in California are the very best in the country. Any senior living in California is really lucky.

99 Very few apply to me-I live in a I live on my pension.

99 They have to improve web sites to make navigation easier.

99 I am eligible for SSI but am not allowed to receive it because I receive a teacher pension. My SSI money should be one half of my wife's 55.

99 Have answered for both my husband and myself – this 2 answers for most questions.

99 I live in a senior community and am the newsletter editor. I often publish resources for residents in our newsletter. I find resources in the paper on the internet, senior center, Eldercare directory etc.

99 Interesting conversation in small groups frequently within guidelines very important and needed: Intellectual stimulation

99 This survey assumes people don't read newspaper or periodicals for a source of obtaining information and services. Also libraries are invaluable source of data. You make an implied assumption that older people only associate with older people. This is not the case with most of my older contemporaries. I am 70 years old and will be 71 in two weeks.

99 More money for libraries.

99 I try to be active, belong to a health club and participate in water aerobics but have taken a leave of absence because of husband's condition. I drive, have just passed test for new license, any suggestions feel free to call 465-9925 Eva.

99 I hope this survey is worth taking the \$ from educating our youth in how to take care of themselves. I had a wonderful education at O.B. Elem. School in the 1940's, therefore can cope with almost everything-including dealing with deadly cancer.

99 Only poor or other race can get these services-I worked since I was 11 years old & paid into these programs & yet unless I'm poor or on welfare I can't use.

99 I just wish more people would serve and help one another that are in need.

99 Employment agencies-not phony & expensive service-training scams-are the talents scouts for seasoned pros worth the expertise & energy?

99 Getting a claim reimbursement for an accident occurred in a trip abroad from your supplementary insurance it takes forever (more than 6 months).

99 Would rather have the county spend more for other services than health care; I think it is often taken advantage of (abused by) people who could do more or themselves.

99 #7b is very important

99 So good job!

99 I can understand your need to get ahead of social issues in SD particularly as exaggerated by the uncontrolled invasion of illegal aliens. Don't say "what a racist" not so-just want to live where laws are respected by everyone.

99 I am ok so far in my life. I am still grieving the loss of my husband, I had grief counseling for awhile, Anna Heath 619-465-2876.

99 Get some qualifies instructors for "55 alive" we don't need to hear the instructor reminisce the class manual, are a pool of ignorance.

99 Have found Rancho Bernardo Senior Services helpful

99 DON'T CONTACT ME AGAIN IF I FEEL THE NEED I WILL CALL YOU!!

99 I work at my church and give services to elderly, many have problem.

99 I have been informed that your service is poor please have it together the time I get to the SSI office. Understand from senior persons your office on Paradise Valley Rd. the worker are rude don't completely ask question handle it please.

99 Identity theft; elder abuse and medical abuse

99 Race is immaterial-this question should not be asked. We are either "American" or "not an American citizen"

99 Mailing of info would be beneficial to find out services and programs available.
99 Because of my hearing loss (although I wear 2 hearing aides I have difficulty with
conversations particularly on the phone.
99 I love San Diego but the entire state is unfriendly to business. I am 70 years old and self
employed-(sell long term care) because I want to. If we vote to build a stadium for the
Charger's the taxpayers pay for it-our city government has committed a crime against all of
us, our priorities are screwed up.
99 From yellow phone books
99 My address is 220 E. 7th St. #382 Blue Earth, Mn56013 ph 507-526-2491 I'm here visiting son
& family-granddaughters graduation
99 I volunteer at Elderhelp of San Diego but I have never heard of Feeling Fit or social clubs. If
it weren't for my computer I wouldn't know where to get information.
99 So far so good-no major needs yet-good genes! You might want to know how often
people check with a doctor for routine health check-ups. Maintenance is important for
early detection.
99 I just keep asking until I get the answer-but then I have my family close by & a circle of
friends-I'm very fortunate.
99 For your info we have a 5 day a week program for retired people at UCSD website is:
ICL.ucsd.edu/ ICL stands for Institute of Continued Learning.
99 I think the information is good. I fortunately can keep busy and don't get involved except
for navy league, submarine league, subvets inc., Management consulting for city fire
department (Executive Service Corps), church
99 I'm happy & busy most of the time.
99 The hospital for app.
99 The salvation Army have a very good program.
99 Great for those who have not lived independently most of their lives
99 Thanks to God for your services
99 I am delighted with the services offered and I just haven't had time as I'm trying to learn
the computer skills, sight read music and do lots of reading not novels & praying to save
my country.

APPENDIX C

RESPONSES BY SUPERVISORIAL DISTRICT

	Total n=1524-1678	District 1 n=214-235	District 2 n=383-438	District 3 n=244-260	District 4 n=267-291	District 5 n=416-454
<i>Q.2 HOW LONG HAVE YOU LIVED IN THIS COMMUNITY?</i>						
Less than 5	13%	8%	10%	16%	9%	19%
6 to 10	11%	7%	10%	12%	6%	15%
11 to 20	22%	15%	19%	23%	13%	33%
More than 21	54%	69%	61%	49%	71%	33%
<i>Q.3 WHERE DO YOU USUALLY CALL TO GET INFORMATION ABOUT SERVICES FOR SENIORS OR REFERRALS FOR SERVICE?</i>						
AARP	17%	17%	16%	19%	19%	17%
Aging & Independence Services	-	-	-	-	-	-
Info Line (United Way)	-	-	-	-	-	-
Senior Center	-	-	-	-	-	-
Social Security Administration	22%	23%	24%	20%	22%	20%
Other	6%	6%	5%	7%	5%	8%
I have never called for info/services	56%	57%	50%	57%	58%	57%
<i>Q.4 HOW WOULD YOU RATE YOUR HEALTH NOW COMPARED TO ONE YEAR AGO?</i>						
Much better than one year ago	7%	10%	8%	4%	7%	7%
Somewhat better	9%	7%	9%	11%	10%	10%
About the same	65%	61%	64%	66%	66%	67%
Somewhat worse	16%	18%	17%	19%	13%	14%
Much worse	2%	3%	2%	1%	3%	2%
Don't know	-	-	-	-	-	-
<i>Q.5 COMPARED TO OTHER PEOPLE YOUR AGE, WOULD YOU SAY YOUR HEALTH IS...</i>						
Excellent	19%	18%	17%	21%	17%	22%
Very good	29%	26%	30%	28%	30%	30%
Good	33%	33%	35%	31%	34%	32%
Fair	15%	19%	15%	16%	15%	12%
Poor	3%	4%	3%	4%	3%	3%
Don't know	-	-	-	-	-	-
<i>Q.6 DURING THE PAST MONTH, HOW OFTEN HAVE YOU BEEN BOTHERED BY EMOTIONAL PROBLEMS SUCH AS FEELING UNHAPPY, ANXIOUS, DEPRESSED, OR IRRITABLE?</i>						
All of the time	1%	-	2%	1%	1%	1%
Most of the time	2%	2%	<1%	2%	3%	1%
A good bit of the time	5%	4%	7%	3%	3%	5%
Some of the time	17%	18%	20%	16%	18%	15%
A little of the time	32%	30%	33%	33%	33%	32%
None of the time	43%	46%	38%	45%	41%	46%
Don't know	-	-	-	-	-	-
<i>Q.7 HOW MUCH OF A PROBLEM IS EACH OF THESE ISSUES TO YOU PERSONALLY?</i>						
SERVICES						
Getting information about services/benefits						
No Problem/Doesn't Apply	69%	69%	68%	71%	67%	69%
Minor Problem	24%	22%	25%	23%	25%	24%
Major Problem	7%	8%	7%	6%	8%	6%
Finding legal advice/counseling						
No Problem/Doesn't Apply	74%	76%	74%	74%	74%	74%
Minor Problem	19%	17%	20%	20%	17%	19%
Major Problem	7%	7%	6%	6%	8%	8%

	Total n=1524-1678	District 1 n=214-235	District 2 n=383-438	District 3 n=244-260	District 4 n=267-291	District 5 n=416-454
Finding recreational or social activities that interest you						
No Problem/Doesn't Apply	78%	80%	77%	81%	73%	80%
Minor Problem	18%	13%	19%	15%	23%	18%
Major Problem	4%	6%	4%	4%	4%	4%
Getting homemaker services for household chores/handyman						
No Problem/Doesn't Apply	73%	75%	72%	74%	72%	75%
Minor Problem	20%	20%	21%	20%	23%	17%
Major Problem	6%	5%	7%	5%	6%	8%
Transportation						
No Problem/Doesn't Apply	87%	86%	86%	89%	86%	90%
Minor Problem	9%	10%	10%	6%	11%	8%
Major Problem	4%	4%	4%	6%	4%	2%
Getting more education						
No Problem/Doesn't Apply	91%	93%	89%	91%	90%	93%
Minor Problem	8%	6%	9%	8%	9%	6%
Major Problem	1%	1%	2%	1%	1%	1%
Getting information about volunteer opportunities						
No Problem/Doesn't Apply	88%	92%	86%	89%	88%	88%
Minor Problem	10%	7%	12%	9%	11%	11%
Major Problem	1%	1%	2%	1%	<1%	1%
Respite						
No Problem/Doesn't Apply	91%	90%	90%	91%	90%	92%
Minor Problem	8%	8%	8%	8%	9%	7%
Major Problem	1%	2%	2%	1%	1%	1%
HEALTH						
Getting adequate health care						
No Problem/Doesn't Apply	78%	82%	76%	76%	82%	75%
Minor Problem	17%	13%	18%	21%	12%	20%
Major Problem	5%	5%	6%	3%	6%	4%
Getting adequate nursing home care						
No Problem/Doesn't Apply	91%	91%	90%	91%	91%	94%
Minor Problem	6%	7%	7%	6%	7%	3%
Major Problem	3%	2%	3%	2%	3%	3%
Getting mental health services or counseling						
No Problem/Doesn't Apply	94%	95%	92%	95%	92%	95%
Minor Problem	5%	4%	6%	4%	6%	4%
Major Problem	2%	1%	3%	2%	2%	1%
Drug and/or alcohol abuse or misuse						
No Problem/Doesn't Apply	97%	98%	96%	99%	96%	97%
Minor Problem	2%	2%	3%	1%	3%	3%
Major Problem	1%	-	1%	-	1%	<1%
Getting enough food/nutrition						
No Problem/Doesn't Apply	94%	91%	93%	96%	96%	95%
Minor Problem	5%	8%	5%	4%	4%	3%
Major Problem	1%	1%	2%	-	<1%	1%
Accidents in the home (such as falling)						
No Problem/Doesn't Apply	87%	89%	84%	89%	89%	88%
Minor Problem	10%	10%	12%	9%	9%	10%
Major Problem	2%	1%	4%	2%	1%	2%

	Total n=1524-1678	District 1 n=214-235	District 2 n=383-438	District 3 n=244-260	District 4 n=267-291	District 5 n=416-454
Cost of Medication						
No Problem/Doesn't Apply	59%	64%	59%	58%	62%	57%
Minor Problem	22%	22%	22%	20%	23%	22%
Major Problem	19%	14%	19%	21%	15%	21%
Long term care insurance						
No Problem/Doesn't Apply	68%	68%	69%	70%	68%	67%
Minor Problem	14%	15%	12%	13%	16%	13%
Major Problem	18%	16%	20%	17%	15%	20%
SOCIAL ISSUES						
Loneliness						
No Problem/Doesn't Apply	80%	80%	79%	80%	79%	81%
Minor Problem	17%	17%	18%	17%	19%	17%
Major Problem	3%	3%	3%	2%	3%	2%
Racial discrimination						
No Problem/Doesn't Apply	96%	94%	96%	97%	94%	97%
Minor Problem	4%	4%	3%	3%	6%	3%
Major Problem	1%	2%	<1%	<1%	1%	-
Elder abuse						
No Problem/Doesn't Apply	97%	95%	95%	99%	98%	99%
Minor Problem	2%	4%	4%	1%	2%	1%
Major Problem	<1%	1%	1%	-	<1%	<1%
Crime						
No Problem/Doesn't Apply	89%	89%	88%	92%	85%	90%
Minor Problem	9%	9%	10%	6%	13%	8%
Major Problem	2%	2%	3%	1%	2%	2%
Isolation						
No Problem/Doesn't Apply	91%	92%	90%	91%	92%	90%
Minor Problem	8%	7%	8%	8%	7%	9%
Major Problem	1%	1%	2%	<1%	1%	1%
Age discrimination						
No Problem/Doesn't Apply	89%	91%	88%	90%	89%	87%
Minor Problem	9%	5%	11%	6%	10%	11%
Major Problem	2%	3%	1%	4%	1%	2%
Taking care of a child under 18 years of age						
No Problem/Doesn't Apply	95%	92%	93%	96%	97%	96%
Minor Problem	4%	6%	4%	3%	2%	4%
Major Problem	1%	2%	3%	<1%	1%	1%
Taking care of an adult						
No Problem/Doesn't Apply	88%	89%	87%	88%	87%	88%
Minor Problem	8%	7%	8%	7%	10%	9%
Major Problem	4%	4%	5%	5%	3%	3%
FINANCIAL ISSUES						
Having enough money to live on						
No Problem/Doesn't Apply	64%	65%	63%	70%	57%	64%
Minor Problem	26%	25%	26%	20%	33%	25%
Major Problem	11%	11%	11%	9%	10%	11%
Cost of energy/utilities						
No Problem/Doesn't Apply	52%	56%	49%	56%	53%	49%
Minor Problem	32%	29%	37%	29%	29%	32%
Major Problem	16%	14%	14%	15%	17%	19%
Housing						
No Problem/Doesn't Apply	80%	79%	81%	79%	79%	81%
Minor Problem	13%	12%	13%	13%	13%	13%
Major Problem	7%	9%	6%	9%	8%	6%

	Total n=1524-1678	District 1 n=214-235	District 2 n=383-438	District 3 n=244-260	District 4 n=267-291	District 5 n=416-454
Employment opportunities						
No Problem/Doesn't Apply	87%	88%	88%	84%	86%	86%
Minor Problem	8%	8%	7%	10%	8%	7%
Major Problem	6%	4%	5%	6%	6%	7%

Q.8 HOW DIFFICULT IS EACH OF THE FOLLOWING ACTIVITIES FOR YOU?

Eating						
No Difficulty	96%	97%	94%	96%	95%	97%
Minor Difficulty	4%	2%	5%	4%	5%	3%
Serious Difficulty	<1%	-	1%	1%	-	<1%
Unable to Do	<1%	<1%	-	-	-	-
Bathing						
No Difficulty	92%	89%	92%	93%	91%	95%
Minor Difficulty	6%	9%	6%	5%	8%	5%
Serious Difficulty	1%	1%	1%	1%	1%	<1%
Unable to Do	<1%	1%	<1%	<1%	-	-
Dressing/undressing						
No Difficulty	93%	93%	91%	94%	93%	96%
Minor Difficulty	6%	6%	8%	5%	7%	4%
Serious Difficulty	<1%	<1%	<1%	1%	-	<1%
Unable to Do	<1%	1%	<1%	-	-	-
Walking						
No Difficulty	70%	70%	68%	73%	69%	73%
Minor Difficulty	22%	23%	23%	21%	23%	21%
Serious Difficulty	7%	5%	10%	4%	8%	5%
Unable to Do	1%	2%	<1%	2%	<1%	1%
Getting in and out of bed						
No Difficulty	91%	90%	90%	92%	91%	92%
Minor Difficulty	8%	9%	9%	6%	8%	7%
Serious Difficulty	1%	<1%	1%	<1%	1%	1%
Unable to Do	<1%	1%	<1%	1%	-	-
Getting to the bathroom						
No Difficulty	94%	91%	93%	95%	94%	95%
Minor Difficulty	5%	8%	6%	3%	6%	4%
Serious Difficulty	1%	-	1%	<1%	1%	1%
Unable to Do	<1%	1%	-	1%	-	-
Preparing meals						
No Difficulty	89%	88%	85%	91%	88%	91%
Minor Difficulty	8%	10%	11%	6%	9%	6%
Serious Difficulty	1%	<1%	1%	2%	2%	2%
Unable to Do	1%	2%	3%	1%	<1%	1%
Shopping for personal items						
No Difficulty	89%	86%	88%	92%	86%	93%
Minor Difficulty	8%	10%	9%	5%	11%	5%
Serious Difficulty	2%	2%	1%	1%	2%	2%
Unable to Do	1%	1%	1%	2%	1%	<1%
Medication management						
No Difficulty	92%	89%	90%	94%	92%	92%
Minor Difficulty	7%	7%	7%	5%	7%	7%
Serious Difficulty	1%	2%	2%	<1%	1%	1%
Unable to Do	<1%	1%	<1%	<1%	<1%	-
Managing Money						
No Difficulty	87%	89%	87%	87%	87%	87%
Minor Difficulty	11%	9%	10%	11%	13%	11%
Serious Difficulty	2%	1%	3%	1%	1%	2%
Unable to Do	<1%	1%	<1%	1%	-	-

	Total n=1524-1678	District 1 n=214-235	District 2 n=383-438	District 3 n=244-260	District 4 n=267-291	District 5 n=416-454
Using the telephone						
No Difficulty	95%	95%	93%	95%	96%	96%
Minor Difficulty	4%	5%	4%	3%	3%	4%
Serious Difficulty	1%	-	2%	1%	1%	<1%
Unable to Do	<1%	-	<1%	<1%	-	<1%
Doing heaving housework						
No Difficulty	56%	53%	52%	59%	54%	59%
Minor Difficulty	27%	31%	29%	25%	28%	26%
Serious Difficulty	10%	8%	10%	11%	9%	10%
Unable to Do	7%	8%	9%	5%	9%	5%
Doing light housework						
No Difficulty	81%	83%	80%	81%	78%	81%
Minor Difficulty	15%	12%	15%	14%	17%	16%
Serious Difficulty	3%	3%	3%	3%	4%	2%
Unable to Do	2%	2%	2%	2%	2%	1%
Ability to use different types of transportation						
No Difficulty	83%	85%	82%	82%	84%	85%
Minor Difficulty	9%	9%	9%	10%	6%	9%
Serious Difficulty	4%	3%	5%	4%	6%	3%
Unable to Do	4%	3%	4%	4%	4%	3%

Q.9 HOW OFTEN DO YOU PARTICIPATE IN EACH OF THE FOLLOWING COMMUNITY PROGRAMS?

Senior center/dining center						
Often	9%	7%	17%	3%	5%	7%
Occasionally	11%	11%	13%	7%	7%	14%
Never	80%	81%	69%	90%	88%	79%
Feeling Fit club						
Often	8%	6%	7%	9%	10%	8%
Occasionally	7%	4%	8%	7%	7%	7%
Never	85%	90%	86%	84%	83%	85%
Home delivered meals						
Often	3%	3%	6%	1%	4%	2%
Occasionally	2%	3%	1%	2%	2%	1%
Never	95%	94%	92%	97%	94%	97%
Employment training						
Often	2%	3%	3%	2%	2%	2%
Occasionally	2%	1%	2%	4%	3%	1%
Never	96%	96%	95%	95%	95%	97%
RSVP (Retired Senior Volunteer Program)						
Often	6%	4%	10%	4%	5%	4%
Occasionally	4%	2%	6%	2%	3%	4%
Never	91%	94%	84%	94%	92%	92%
Caregiver support (respite)						
Often	4%	3%	6%	6%	2%	4%
Occasionally	4%	3%	5%	4%	4%	4%
Never	92%	94%	89%	90%	93%	92%
OASIS						
Often	3%	2%	3%	3%	4%	3%
Occasionally	6%	2%	5%	6%	11%	6%
Never	91%	96%	92%	91%	85%	91%
Volunteer organizations						
Often	17%	18%	17%	18%	16%	16%
Occasionally	14%	7%	11%	17%	17%	16%
Never	69%	75%	71%	65%	67%	68%

	Total n=1524-1678	District 1 n=214-235	District 2 n=383-438	District 3 n=244-260	District 4 n=267-291	District 5 n=416-454
Intergenerational programs						
Often	4%	4%	5%	2%	4%	5%
Occasionally	7%	6%	8%	8%	7%	8%
Never	88%	90%	87%	90%	88%	87%
Athletic activities						
Often	20%	17%	18%	24%	19%	23%
Occasionally	15%	13%	15%	18%	16%	15%
Never	65%	70%	68%	58%	65%	62%
Social Clubs						
Often	13%	13%	12%	13%	12%	15%
Occasionally	18%	13%	16%	19%	18%	20%
Never	69%	74%	72%	68%	70%	65%

Q.10 DURING THE PAST MONTH, HOW OFTEN HAVE YOU FELT DOWNHEARTED AND BLUE?

All of the time	<1%	-	<1%	-	1%	<1%
Most of the time	2%	1%	2%	3%	2%	1%
A good bit of the time	4%	3%	6%	3%	4%	4%
Some of the time	14%	12%	17%	15%	14%	13%
A little of the time	33%	39%	30%	29%	37%	32%
None of the time	47%	45%	45%	50%	42%	50%
Don't know	-	-	-	-	-	-

Q.11 WHICH OF THE FOLLOWING GROUPS CONTAINS YOUR AGE?

64 and under	19%	22%	15%	23%	20%	20%
65-74	41%	38%	40%	44%	43%	41%
75-84	35%	36%	36%	30%	36%	35%
85 or over	5%	4%	9%	4%	2%	4%

Q.12 ARE YOU?

Male	52%	55%	48%	56%	50%	53%
Female	48%	45%	52%	44%	50%	47%

Q.13 ARE YOU?

Married	53%	48%	50%	61%	48%	56%
Widowed	25%	27%	30%	22%	20%	24%
Separated	1%	2%	2%	-	1%	<1%
Divorced	16%	16%	14%	12%	24%	15%
Never married	4%	5%	3%	5%	6%	3%
Other	<1%	<1%	-	-	1%	1%

Q.14 DO YOU RECEIVE SSI/SSP?

Yes	37%	37%	34%	35%	38%	39%
No	63%	63%	66%	65%	62%	61%

Q.15 WHAT IS YOUR ETHNICITY?

White	86%	74%	91%	91%	78%	90%
Black, African American, Negro	3%	4%	1%	<1%	8%	1%
Mexican, Mexican American, Chicano	4%	12%	3%	2%	7%	2%
Puerto Rican	<1%	<1%	-	-	-	<1%
Cuban	-	-	-	-	-	-
Other Spanish/Hispanic/Latino	1%	1%	1%	1%	<1%	2%
Asian Indian	<1%	-	-	-	-	<1%
Chinese	1%	<1%	<1%	1%	1%	<1%

	Total n=1524-1678	District 1 n=214-235	District 2 n=383-438	District 3 n=244-260	District 4 n=267-291	District 5 n=416-454
Filipino	1%	3%	1%	1%	1%	1%
Japanese	1%	2%	<1%	-	1%	2%
Korean	<1%	-	-	1%	<1%	<1%
Vietnamese	<1%	-	<1%	1%	-	-
Other Asian	<1%	-	-	-	<1%	-
Native Hawaiian	<1%	-	-	<1%	-	<1%
Guamanian/Chamorro	<1%	1%	-	-	<1%	-
Samoan	-	-	-	-	-	-
Other Pacific Islander	<1%	-	-	<1%	-	-
American Indian/Alaska Native	<1%	<1%	<1%	-	1%	<1%
Some other race	1%	1%	1%	2%	2%	1%

Q.16 WHAT IS THE HIGHEST GRADE LEVEL YOU COMPLETED?

0 to 8th grade	4%	9%	4%	1%	3%	2%
9 to 12 grade	24%	28%	33%	14%	21%	20%
Some college	36%	31%	35%	30%	44%	39%
College graduate	36%	32%	28%	54%	32%	39%

Q.17 DO YOU LIVE ALONE?

Yes	36%	36%	39%	32%	40%	34%
No	64%	64%	61%	68%	60%	66%